



1 mile open water swim

Saturday July 10, 2010

Compo Beach, Westport, CT

Registration and check in 8:30am

Start time— 9:30am

(rain date— Sunday July 11)

Benefits

- *T-shirt
- *Prizes
- *50/50 Raffle
- *Refreshments
- *Access to beach
- *A great workout!



Registration Form

Full Name: _____

Sex: _____ T-shirt size (circle one): S M L XL

Address: _____

City/ State/ Zip: _____

Birthday: (/ /) Phone: () -

E-mail address: _____

Swimming level (circle one):

beginner advanced beginner intermediate advanced

See back for additional registration information →

Westport Weston Family Y

59 Post Road East, Westport, CT 06880

Phone: 203-226-8981 Fax: 203-454-4840

Register online, by mail, by fax or in person

\$35 before July 10. \$40 on race day.

Visa/Discover/MasterCard # (circle one) :

_____ Exp. Date: ___/___

Cardholder's Name: _____

Total Paid: \$ _____

Cardholder's Signature: _____

In consideration of this entry being accepted, I hereby for myself, heirs and executors and administrator, waive and release all rights and claims for damages I may have against the Westport Weston Family Y, the Westport Parks and Recreation Department, and the race sponsors, for any and all injuries suffered by me in said event. I understand that the race is conducted in open water and my ability and physical condition are adequate to complete the race.

Signature: _____

Parent/Guardian (if under 18) _____

If the race has to be cancelled because of inclement weather call 226-8981 for recorded message.