

Stauffer Shallows & Aquatic Fitness Schedule

Monday	Right	Left
5:35-6:45	Adult Swim	
6:45-7:45	Aqua Fit- Patty	
7:55-8:55	Aqua Fit- Shelly	
9:00-12:30	Adult	Hafaday
12:30-3:05	Camp	
3:05-6:15	Open	
6:15-7:15	Aqua Fit- Patty	
7:15-9:30	Adult Swim	

Wednesday	Right	Left
5:35-6:45	Adult Swim	
6:45-7:45	Aqua Fit- Patty	
7:55-8:55	Aqua Fit- Carla	
9:00-12:30	Adult	Hafaday
12:30-3:05	Camp	
3:05-6:15	Open	
6:15-7:15	Aqua Fit- Patty	
7:15-9:30	Adult Swim	

Friday	Right	Left
5:35-6:45	Adult Swim	
6:45-7:45	Aqua Fit- Patty	
7:55-8:55	Aqua Fit- Amelie	
9:00-12:30	Adult	Hafaday
12:30-3:05	Camp	
3:05-7:15	Open	
7:15-9:30	Adult Swim	

Tuesday	Right	Left
5:35-6:45	Adult Swim	
6:45-7:45	Aqua Fit- Deb	
7:55-8:55	Aqua Fit- Shelly	
9:00-12:30	Adult	Hafaday
12:30-3:05	Camp	
3:05-5:20	Open	
5:25-7:15	Group Lessons	
7:15-9:30	Open	

Thursday	Right	Left
5:35-6:45	Adult Swim	
6:45-7:45	Aqua Fit- Deb	
7:55-8:55	Aqua Fit- Shelly	
9:00-12:30	Adult	Hafaday
12:30-3:05	Camp	
3:05-5:20	Open	
5:25-7:15	Group Lessons	
7:15-9:30	Open	

Saturday	Right	Left
8:30-12:15	Group Lessons	
12:00-4:30	Open	
4:30-5:30	Adult Swim	

Sunday	Right	Left
7:30-9:00	Adult Swim	
9:15-10:15	Aqua Fit	
10:15-1:00	Open	