

SPRING 2010 UPPER GYMNASIUM SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>OPEN 6:00–10:00a</p> <p>Body Sculpt 10:15–11:00a</p>	<p>OPEN 6:00–10:00a</p> <p>Kick, Catch & Throw 10:00–10:45a</p>	<p>OPEN 6:00–9:00a</p> <p>Group Exercise 9:30–10:30a</p> <p>Three Four Academy 10:30–11:30 a</p>	<p>OPEN 6:00–10:00a</p> <p>Group Exercise 10:00–11:00a</p>	<p>OPEN 6:00a–10:30a</p> <p>Three Four Academy 10:30–11:30 a</p>	<p>OPEN 8:30–9:00a</p> <p>Soccer Class 9:00–10:00 a</p> <p>T Ball Class 10:00–11:00a</p>	<p>B-Ball Classes 9:00–1:00P</p>
<p>OPEN 12:00–2:00p</p> <p>B-Ball Class 2:00–3:00p</p>	<p>OPEN 11:00a–1:00p</p> <p>Y's Men 1:00–4:00p</p> <p>Tennis Classes 4:00–5:00p</p>	<p>OPEN 11:30a–2:00p</p> <p>B-Ball Class 2:00–3:00p</p>	<p>OPEN 11:00–12:00n</p> <p>Ping Pong 12:00–3:00p</p> <p>Childcare 3:00–4:00p</p>	<p>B-Ball Class 2:00–3:00p</p> <p>Child Care 3:00–4:00p</p> <p>Youth Open 4:00–5:00p</p>	<p>OPEN 11:00–12:00p</p> <p>Badminton 12:00–2:00p</p>	<p>Birthday Parties 1:00–3:00p</p>
<p>OPEN 3:00–4:00p</p> <p>B-Ball Classes 4:00–6:00p</p>	<p>Speed & Agility 5:00–6:00p</p> <p>OPEN 6:00–10:00p</p>	<p>OPEN 3:00–4:00p</p> <p>B-Ball Classes 4:00–5:00p</p>	<p>Basketball Classes 4:00–5:00p</p>	<p>OPEN 5:00–10:00p</p>	<p>OPEN 2:00–5:00p</p>	<p>OPEN 3:00–5:00p</p>
<p>OPEN 6:00–10:00p</p>		<p>OPEN 5:00–8:00p</p> <p>Badminton 8:00–10:00p</p>	<p>Parkour 5:00–6:00p</p> <p>OPEN 6:00–10:00p</p>		<p>Birthday Parties 5:00–7:00p</p> <p>OPEN 7:00–7:30p</p>	

Call the Family Y for more information (226-8981 x165) or email Sally Silverstein (ssilverstein@westporty.org) with questions.