

# SUMMER 2011 UPPER GYMNASIUM SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Open 5:30–10:00a</p> <p>Body Sculpt 10:15–11:00a</p>   <p>Open 11:00–6:00p</p>  <p>Badminton 6:00–8:00p</p> <p>Open 8:00–9:30p</p>	<p>Open 5:30–9:15a</p>  <p>Group Exercise 9:15–10:15a</p>  <p>Open 10:30a–11:15a</p> <p>Open 11:15–1:00p</p> <p>Y's Men 1:00–4:00p</p>  <p>Open 4:00–9:30p</p>	<p>Open 5:30–9:00a</p> <p>Group Exercise 9:30–10:30a</p> <p>Three Four Academy 10:30–11:30 a</p>  <p>Open 11:30a–6:00p</p>  <p>Open 6:00–7:30p</p>  <p>Badminton 7:30–9:30p</p>	<p>Open 5:30–10:00a</p>  <p>Group Exercise 10:00–11:00a</p> <p>Open 11:00–12:00n</p>  <p>Ping Pong 12:00–3:00p</p>   <p>Open 3:00–9:30p</p>	<p>Open 5:30a–9:00a</p>  <p>Group Exercise 9:15–11:00a</p> <p>Open 11:00–3:00p</p> <p>Child Care 3:00–4:00p</p> <p>Open 4:00–9:30p</p>	<p>Open 7:30–9:00a</p> <p>Soccer Class 9:00–10:00 a</p> <p>Open 10:00–12:30p</p>  <p>Badminton 12:30–2:00p</p>  <p>Open 2:00–5:30p</p>	<p>Open 7:30a–1:00p</p>

Call the Family Y for more information (226-8981 x165) or email Sally Silverstein (ssilverstein@westporty.org) with questions. Basketball Camp July 11-15 9a-12 noon.