WESTPORT WESTON FAMILY YMCA
10-Lane Lap Pool Schedule

February 27 – June 18
Schedule subject to change

Day	Lap		Open		Aquafit/Deep/V.I.P		Swim Fit/Masters/Tri Club		Lessons		Swim Team	
Monday Wednesday	5:35 - 6:45AM	10			6:45 - 7:45AM	4						
	6:45 - 8:15AM	6										
	8:15 - 9:15AM	5			8:15 - 9:15AM	5	9:15 - 10:15AM					
	9:15 - 10:15AM	4			Aquafit		Swim Fit	6				
	10:15 - 3:15PM	10										
	3:15 - 4:00PM	2									3:15 - 5:15PM	8
	4:00 - 5:15PM	1			6:30-7:30PM	4			4:00-6:30 PM	1	5:15-6:30PM	9
	7:30-7:45PM	4			Aquafit		7:45-10:00PM				6:30 - 7:45PM	6
	7:45-9:15PM	5					Masters	2			7:45-9:15PM	3
	9:15- 10:00PM	8										
	No Lap 5:15-7:30pm											
Tuesday Thursday	5:35 - 6:45AM	6					5:35-6:45 Tri-Club	4				
	6:45 - 8:00AM	4			6:45-7:45AM	4	6:30-8:00AM	2				
	8:00 - 9:00AM	10					Masters					
	9:00 - 10:00AM	2			9:00-10:00AM	4						
	10:00 - 11:00AM	7			10:00-11:00AM	3	9:00 - 10:00AM	4				
	11:00 - 3:15PM	10			VIP		Swim Fit					
	3:15 - 4:30PM	2							4:30 - 6:30PM	2	3:15 - 8:00PM	8
	6:30 - 8:00PM	2										
	8:00 - 9:15PM	4									8:00-9:15PM	3
	9:15-10:00PM	7					8:00-10:00PM	3				
	No Lap 4:30-6:30pm						Masters					
Friday	5:35 - 6:45AM	7			6:45 - 7:45AM	4	5:35-6:45AM	3				
	6:45 - 8:15AM	6			Aqua Zumba		Masters/Tri-Club					
	8:15 - 9:15AM	5										
	9:15 - 10:15AM	4			8:15 - 9:15AM	3	9:15 - 10:15AM	6				
	10:15 - 3:15PM	10			Aqua Zumba		Swim Fit					
	3:15 - 5:15PM	2									3:15 - 5:15PM	8
	No Lap 5:15-6:30PM										5:15-6:30PM	10
	6:30 - 7:30PM	5	6:30 - 10:00PM	2	6:30-7:30PM	3						
	7:30- 10:00PM	8			Aquafit Deep							
Saturday	7:00-8:30AM	3									6:00-7:00AM	10
	8:30-10:00AM	2							8:30-10:00AM	1	7:00-11:45AM	7
	10:00-11:00AM	1							10:00-11:00AM	2		
	11:00-11:45AM	2							11:00-11:45AM	1		
	11:45-1:00PM	8										
	1:00-7:30PM	8	1:00-7:30pm	2								
Sunday	7:30-9:00am	7					7:30-9:00AM	3				
	9:00-10:15am	4			9:10-10:15am	5	Masters		9:00-10:45AM	1		
	10:15-3:30pm	8	10:45-6:00pm	2	Aquafit							
	3:30-6:00pm	4									3:30-5:30pm	
											Special Olympics	4

Questions?? Jeffrey Bonaccorso, Aquatic Director (203) 571-6041 jbonaccorso@westporty.org

Lanes: The number noted next to the time denoates the amount of lanes set aside for that specific activity. We reserve the right to hold private lessons and lifeguard drills during LAP and OPEN time.