



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WESTPORT WESTON FAMILY Y

Annual Report on our Y's Community Impact

February 2014

At the Y, strengthening community is our cause. Ys cultivate opportunities for youth, families, and older adults to learn, grow and become a part of a healthier, happier community. In addition to measurable benefits our programs deliver at the local level, we strengthen the community at a state and national level as well.

A charitable, nonprofit organization, the Westport Weston Family Y is committed to offering our programs, facilities and services to all, regardless of their ability to pay. In 2013, the financial assistance we provided to local individuals and community groups totaled **\$429,900** and included:

- \$112,000 for families who need scholarship help to attend Camp, Child Care, take swim lessons or be part of our sports & recreation programs and activities;
- \$161,000 in subsidized or free memberships to neighbors in need.

A Center of Community Life

The Y enriches everybody in our community, whether they use the facility or not, by keeping our children and teens active and involved. Hundreds of local 4th-7th graders attended the Y's **Youth Fun Nights**, held once a month on Saturdays at the Y.

The Y's **Water Rat** Swim Team, **Dance Center** companies and **Gymnastic** and **Basketball** teams all provide life skills, a competitive outlet and enduring friendships to hundreds more young participants each year.

The Family Y provides space and resources to many community groups, hosting a number of community-wide events that are open to all, including First Night Westport/Weston, Healthy Kids Day and our own **90th Birthday Party**, celebrated last fall. In 2013, our Y's support to nonprofit partners totaled **\$146,000**.

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The Family Y fulfills a role in our community unlike any other organization. We partner with a wide array of other community groups, connecting people of all ages and backgrounds to bridge the gaps in community needs.

- For the past 35 years, the Family Y has hosted weekly swim, gym and other activities for individuals with special needs served by **Our Vision**;
- In collaboration with **Norwalk Hospital**, our Cancer Survivors Program provides cancer patients with 3-month free memberships and customized programs to support recovery;
- Since our founding in 1923, we've taught more than 35,000 local kids and adults how to swim. To further enhance water safety, in 2013 we partnered with **Stew Leonard III Children's Charities** on a variety of special aquatics camps and programs.

The Y is for Social Responsibility

As a charity, YMCAs across Connecticut exist to strengthen their communities and every day we work with thousands of men, women and children to ensure that everyone, regardless of age, income or background has the opportunity to learn, grown and thrive.

The **Connecticut Alliance of YMCAs** is comprised of 23 YMCAs, each volunteer led, and a powerful advocate of the needs of children, families and individuals throughout the Constitution State. In 2013, our Ys served 229,000 members, hosted 520 community-wide events and gave back a total of **\$17.4 million** in financial assistance and community support.

We Thank Our Y Family

We'd like to express our Family Y's gratitude to our partners, donors, staff and the hundreds of local **Y volunteers** who together donated more than **8,000 hours** of their time and talent in 2013.

Their help allows our Y to continue to fulfill its mission to develop and nurture our youth, promote healthy living for all and foster a sense of social responsibility throughout the communities we have served for the past 90 years.

