



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING: HOW TO SURVIVE SEASONAL ALLERGIES

Presented By: Christopher Carnaroli

Friday, April 28

**11:45-12:30 pm
Schine Meeting Room**

Please join Christopher Carnaroli, PharmD at Shoreline Pharmacy in Westport, on Friday, April 28th for 11:45 am at the Westport Weston Family YMCA to learn all about allergy season, which is upon us.

Chris will review the various options of battling seasonal allergies:

- **prescription drugs**
- **natural remedies**
- **over the counter medications**
- **age appropriate medications**



WESTPORT WESTON FAMILY YMCA
14 Allen Raymond Lane, Westport, CT 06880
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QUESTIONS?

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