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HEALTHY LIVING: WHAT IS NATUROPATHIC MEDICINE

PRESENTED BY:

Dr. Andrew Cummins & Dr. Mara Davidson

Wednesday, January 11, 2017

6:00 PM

Naturopathic medicine (sometimes called "naturopathy") is a distinct system of primary health care that emphasizes prevention and the self-healing process through the use of natural therapies.

Dr. Cummins received the Doctor of Naturopathic Medicine degree from the College of Professional Studies at National University of Health Sciences. He completed his Bachelor of Science degree in education from Bradley University in Peoria, Illinois. Dr. Cummins has areas of specialty and focus with chronic pain, chronic fatigue, autoimmune disease, cardiovascular health, diabetes, low back pain, and improved athletic performance.

Dr. Mara Davidson is a dual honors graduate of the University of Bridgeport from the College of Naturopathic Medicine as a Doctor of Naturopathic Medicine as well as the Nutrition Institute with a Master of Science in Human Nutrition. While in medical school, Dr. Davidson also obtained her Master of Business Administration in Health Care Management from Davenport University.



Please join Dr. Andrew Cummins and Dr. Mara Davidson on Wednesday, January 11 at 6:00 pm in our Schine Meeting Room as they talk about their medical philosophy, training, approach to health and wellness.

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QUESTIONS?

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