WESTPORT WESTON FAMILY YMCA
SHALLOW (WARM) POOL SCHEDULE
January 2 thru June 23rd

Monday

Splash Pad
6:00AM-10:00 PM
Open

Primary Area
5:35 - 9:00 AM
Adult Swim

9:00-11:30 AM
Therapeutic Swim Lessons

11:30-1:30 PM
Open

1:30-6:00 PM
Group Lessons

6:00 - 10:00 PM
Open

Tuesday

Splash Pad
6:00AM-4:00 PM
Open

4:00-5:00 PM
Closed

5:00-10:00 PM
Open

Primary Area
5:35 - 9:00 AM
Adult Swim

9:00-11:30 AM
Therapeutic Swim Lessons

11:30-1:30 PM
Open

1:30-6:00 PM
Group Lessons

6:00 - 10:00 PM
Open

Wednesday

Splash Pad
6:00AM-10:00 PM
Open

Primary Area
5:35 - 9:00 AM
Adult Swim

9:00-11:30 AM
Therapeutic Swim Lessons

11:30-1:30 PM
Open

1:30-6:00 PM
Group Lessons

6:00 - 10:00 PM
Open

Thursday

Splash Pad
6:00AM-4:00 PM
Open

4:00-5:00 PM
Closed

5:00-10:00 PM
Open

Primary Area
5:35 - 9:00 AM
Adult Swim

9:00-11:30 AM
Therapeutic Swim Lessons

11:30-1:30 PM
Open

1:30-6:00 PM
Group Lessons

6:00 - 10:00 PM
Open

Friday

Splash Pad
6:00AM-10:00 PM
Open

Primary Area
5:35 - 9:00 AM
Adult Swim

9:00-11:30 AM
Therapeutic Swim Lessons

11:30-10:00 PM
Open

Saturday

Splash Pad
7:00AM- 7:30PM
Open

Primary Area
8:30 - 12:30 AM
Group Lessons

12:30 - 7:30 PM
Open

Sunday

Splash Pad
7:00 AM - 6:00 PM
Open

Primary Area
7:30 - 9:00 AM
Open
9:00-12:30 PM
Group Lessons
12:30 - 6:00 PM
Open

Lanes

Monday

5:35 - 9:00 AM
Adult Swim

9:00 - 9:45 AM
Arthritis AquaFit
Ruth

9:45 - 1:30 PM
Lessons(1)
Adult Swim(1)

1:30-5:30 PM
Group Lessons

5:30-6:30 PM
Open

6:30 –7:30 PM
Swim Team

7:15-10:00 PM
Open

Tuesday

5:35 - 9:00 AM
Adult Swim

9:30-11:30 AM
Lessons (1)
Adult Swim (1)

11:00-12:00 PM
Arthritis AquaFit
Ruth

12:15-1:30 PM
Open

1:30 –6:30 PM
Group Lessons

6:30-7:15 PM
Swim Team

7:15-10:00 PM
Open (1)
Adult Swim (1)

Wednesday

5:35 - 9:00 AM
Adult Swim

9:00 - 9:45 AM
Arthritis AquaFit
Ruth

9:45 - 1:30 PM
Lessons(1)
Adult Swim(1)

1:30-5:30 PM
Group Lessons

5:30-6:30 PM
Open

6:30 –7:30 PM
Swim Team

7:15-10:00 PM
Open

Thursday

5:35 - 9:00 AM
Adult Swim

9:30-11:30 AM
Lessons (1)
Adult Swim (1)

11:00-12:00 PM
Arthritis AquaFit
Ruth

12:15-1:30 PM
Open

1:30 –6:30 PM
Group Lessons

6:30-7:15 PM
Swim Team

7:15-10:00 PM
Open (1)
Adult Swim (1)

Friday

5:35 - 9:00 AM
Adult Swim

9:00 AM-9:45 AM
Arthritis AquaFit
Ruth

9:45 - 11:00 AM
Lessons

11:00-10:00 PM
Open

Saturday

7:30 - 8:30 AM
Lap Swim

8:30 - 12:30 AM
Group Lessons

12:30 - 2:00 PM
Lessons (1)
Adult Swim (1)

2:00 - 7:30 PM
Open

Sunday

7:30 - 9:00 AM
Lap Swim(1)
Lessons (1)

9:00 - 1:00 PM
Lessons

1:00 - 6:00 PM
Lessons (1)
Open (1)

Questions?? Jeffrey Bonaccorso, Aquatic Director (203) 571-6041 jbonaccorso@westporty.org