



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**WESTPORT WESTON FAMILY YMCA  
GYMNASIUM SCHEDULE: SPRING 1  
March 4—April 28**

Updated: 3/25/19  
\*This Schedule is subject to change\*

Monday	North	South
5:30-12:00pm	Open	Open
12:00-2:00pm	Adult Basketball 18+	Adult Basketball 18+
2:00-3:30pm	Open	Open
3:30-4:30pm	Afterschool	Open
4:30-5:30pm	Afterschool	Pint Size Basketball Games
5:30-7:00pm	Open	Open
7:00-8:30pm	Fairfield Fierce	Fairfield Fierce
8:30-10:00pm	Adult Basketball 18+	Adult Basketball 18+
Tuesday	North	South
5:30-9:00am	Open	Open
9:00-11:00am	Pickleball	Pickleball
11:00-3:30pm	Open	Open
3:30-4:30pm	Afterschool	Open
4:30-5:30pm	Open	Open
5:30-7:15pm	Soccer Visa	Soccer Visa
7:15-8:00pm	Open	Soccer Visa
8:00-8:45pm	Rec Volleyball	Soccer Visa
8:45-10:00pm	Rec Volleyball	Open
Wednesday	North	South
5:30-12:00am	Open	Open
12:00-2:00pm	Adult Basketball 18+	Adult Basketball 18+
2:00-3:30pm	Open	Open
3:30-4:30pm	Afterschool	Open
4:30-5:30pm	Afterschool	Floor Hockey
5:30-8:45pm	Soccer Visa	Soccer Visa
8:45-10:00pm	Open	Open

Thursday	North	South
5:30-9:00am	Open	Open
9:00-9:30	Tiny kickers	Open
9:30-10:30am	Toddler Gym	Open
10:30-11:30am	Family Gym	Open
11:30-3:30pm	Open	Open
3:30-4:30pm	Afterschool	Open
4:30-5:30pm	Afterschool	Open
5:30-7:00pm	Open	Open
7:00-8:30pm	Fairfield Fierce	Fairfield Fierce
8:30-10:00pm	Open	Open
Friday	North	South
5:30-9:00am	Open	Open
9:00-11:00am	Pickleball	Pickleball
11:00-12:00pm	Senior	Senior
12:00-2:00pm	Adult Basketball 18+	Adult Basketball 18+
2:00-3:30pm	Open	Open
3:30-4:30pm	Afterschool	Open
4:30-10:00pm	Open	Open
Saturday	North	South
7:00-8:45am	Adult Basketball 18+	Adult Basketball 18+
8:45-10:00am	Open	Special Olympics
10:00-11:00am	Parent&Me Basketball	Special Olympics
11:00-1:00pm	Pint Size Skill and Drill	Open
1:00-7:30pm	Open	Open
Sunday	North	South
7:30-9:00am	Open	Adult Basketball 18+
9:00-9:30am	Closed	Closed
9:30-11:00am	Family Gym	Family Gym
11:00-11:30pm	Closed	Closed
11:30-3:30pm	Open	Open
3:30-5:30pm	Rec Volleyball	Open
5:30-6:00pm	Open	Open

**PROGRAM DETAILS**

- Adult Basketball 18+** is for adult games. When more than 12 people are present games are played on full length half courts. Women's Basketball is reserved for adult women to play pickup Basketball.
- Open Gym** is available to all members. All members must be willing to share basketballs and hoops with any member that has come to play, regardless of age or ability.
- Pint Size Skill & Drill, Pint Size Rec Basketball, Floor hockey, Soccer Academy and Tennis Academy and all basketball training classes** are programs that require pre-registration. You can learn more about upcoming programs at [www.westportymca.org](http://www.westportymca.org).
- Rec Badminton, Pickleball & Rec Volleyball** are free for YMCA members and cost \$10 per session for non-members. YMCA staff will set up the nets.

**QUESTIONS??**

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