



**WESTPORT WESTON FAMILY YMCA  
SHALLOW (WARM) POOL SCHEDULE  
September 3 - December 2019**

**Monday**

**Splash Pad**  
6:00AM-10:00 PM  
Open

**Primary Area**  
5:35 - 9:00 AM  
Adult Swim

9:00-11:30 AM  
Therapeutic Swim  
Lessons

11:30-1:30 PM  
Open

1:30-6:00 PM  
Group Lessons

6:00 - 10:00 PM  
Open

**Tuesday**

**Splash Pad**  
6:00AM-4:00 PM  
Open

4:00-5:00 PM  
Closed

5:00-10:00 PM  
Open

**Primary Area**  
5:35 - 9:00 AM  
Adult Swim

9:00-11:30 AM  
Therapeutic Swim  
Lessons

11:30-1:30 PM  
Open

1:30-6:00 PM  
Group Lessons

6:00 - 10:00 PM  
Open

**Wednesday**

**Splash Pad**  
6:00AM-10:00 PM  
Open

**Primary Area**  
5:35 - 9:00 AM  
Adult Swim

9:00-11:30 AM  
Therapeutic Swim  
Lessons

11:30-1:30 PM  
Open

1:30-6:00 PM  
Group Lessons

6:00 - 10:00 PM  
Open

**Thursday**

**Splash Pad**  
6:00AM-10:00 PM  
Open

**Primary Area**  
5:35 - 9:00 AM  
Adult Swim

9:00-11:30 AM  
Therapeutic Swim  
Lessons

11:30-1:30 PM  
Open

1:30-6:00 PM  
Group Lessons

6:00 - 10:00 PM  
Open

**Friday**

**Splash Pad**  
6:00AM-4:00 PM  
Open

4:00-5:00 PM  
Closed

5:00-10:00 PM  
Open

**Primary Area**  
5:35 - 9:00 AM  
Adult Swim

9:00-11:30 AM  
Therapeutic Swim  
Lessons

11:30-10:00 PM  
Open

5:00-6:30 PM  
Family Swim

6:30-10:00PM  
Open

**Saturday**

**Splash Pad**  
7:00AM- 7:30PM  
Open

**Primary Area**  
8:30 - 12:30 AM  
Group Lessons  
1:30-3:00PM  
Family Swim

3:00 - 7:30 PM  
Open

**Sunday**  
**Splash Pad**  
7:00 AM - 6:00 PM  
Open

**Primary Area**  
7:30 - 9:00 AM  
Open  
9:00-12:30 PM  
Group Lessons  
12:30 - 6:00 PM  
Open

**Lanes**

**Monday**

5:35 - 9:00 AM  
Adult Swim

9:00 - 9:45 AM  
Arthritis AquaFit  
Ruth

9:45 - 1:30 PM  
Lessons(1)  
Adult Swim(1)

1:30-6:30 PM  
Lessons

6:30 -7:30 PM  
Swim Team

7:15-10:00 PM  
Open

**Tuesday**

5:35 - 9:00 AM  
Adult Swim

9:30-11:30 AM  
Lessons (1)  
Adult Swim (1)

11:00-12:00 PM  
Arthritis AquaFit  
Ruth

12:15-1:30 PM  
Open

1:30 -6:30 PM  
Lessons

6:30-10:00 PM  
Open (1)  
Adult Swim (1)

**Wednesday**

5:35 - 9:00 AM  
Adult Swim

9:00 - 9:45 AM  
Arthritis AquaFit  
Ruth

9:45 - 1:30 PM  
Lessons(1)  
Adult Swim(1)

1:30-6:30 PM  
Lessons

6:30 -7:30 PM  
Swim Team

7:15-10:00 PM  
Open

**Thursday**

5:35 - 9:00 AM  
Adult Swim

9:30-11:30 AM  
Lessons (1)  
Adult Swim (1)

11:00-12:00 PM  
Arthritis AquaFit  
Ruth

12:15-1:30 PM  
Open

1:30 -6:30 PM  
Group Lessons

6:30-10:00 PM  
Open (1)  
Adult Swim (1)

**Friday**

5:35 - 9:00 AM  
Adult Swim

9:00 AM-9:45 AM  
Arthritis AquaFit  
Ruth

9:45 - 11:00 AM  
Lessons

11:00-5:00 PM  
Open

5:00-6:00 PM  
Family Swim

6:30-10:00PM  
Open

**Saturday**

7:30 - 8:30 AM  
Lap Swim

8:30 - 12:30 AM  
Group Lessons

1:30-3:00 PM  
Family Swim

3:00 - 7:30 PM  
Open

**Sunday**

7:30 - 9:00 AM  
Lap Swim(1)  
Lessons (1)

9:00 - 1:00 PM  
Lessons

1:00 - 6:00 PM  
Lessons (1)  
Open (1)