

Dance Safety during Covid-19

There is obvious and understandable concern about everything in regard to being safe during this Covid-19 time we are living in. Here at the Westport Weston Family YMCA Dance Center, we take those safety concerns seriously. Here is how we will be working to keep our dancers and our dance families safe.

- 1. <u>Staggering class times</u>- this allows us for one class to leave with time before the next class enters. This is important as we are then also able to sanitize the space in between.
- 2. <u>Limiting class sizes</u>- though we love all dancing together, it is important to do so safely. Limiting class sizes, us allows for dances to have enough space between each other to socially distance responsibly yet still have all the fun that makes up dance classes.
- 3. <u>Checking temperatures</u>- we hope that everyone is healthy upon entering the building. As we know illness can come on quickly. Before entering the studios, dancers will have their temperature checked and written down, so we are able to keep track. This keeps our dancers, dance families and teachers safe.
- 4. <u>Washing our hands-</u> before coming down to the dance studio, we ask that everyone make a pit stop to wash their hands. We have a lot of touchable surfaces and we want to keep them as clean as possible.
- 5. Sanitizing hands- before entering the studios, we will ask dancers to use hand sanitizer.
- 6. <u>Arriving in proper attire</u>- to keep our process easy and simple, along with keeping locker room usage down, we ask that all dance program participants arrive in their uniform (minus class shoes).
- 7. <u>Parents not staying</u>- I understand as parents we want to watch our dancers experience the class and have fun. Doing so at the moment would not be safe. We are asking our dance parents to not congregate in the viewing windows/studio area while we are still social distancing.
- 8. In the studios, we will be using "spot dots" or tape to designate where the dancers should stand. This are pre-measured spots that are the appropriate space away from other dancers and the instructor.

We are so appreciative of you helping us keep our dancers, dance families, and staff safe.