



Westport Weston Family YMCA Indoor Pool Schedule*

Facility Hours: Mon- Fri 6:00am-8:00pm
Sat & Sun 8:00am-3:00pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am	Lap Swim Masters	Lap Swim Tri Club	Lap Swim Masters	Lap Swim Tri Club	Lap Swim Masters		
7:15-8:15am	Aquafit Lap swim	Aquafit Lap Swim	Aquafit Lap Swim	Aquafit Lap Swim	Aquafit Lap Swim	Swim Team	
8:30-9:30am	Lap Swim Swim Fit	Lap Swim Swim Fit	Lap Swim Swim Fit	Lap Swim Swim Fit	Lap Swim Swim Fit	Swim Team	Masters Lap Swim
9:45-10:45am	Aquafit Lap swim	Aquafit Lap Swim	Aquafit Lap Swim	Aquafit Lap Swim	Aquafit Lap Swim	Swim Team	Aquafit
11:00-12:00pm	Aquafit	Aquafit	Aquafit	Aquafit	Aquafit	Swim Team	Lap Swim
12:15-1:15pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim team	Lap Swim
1:30-2:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00-4:00pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team		
4:15-5:15pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team		
5:30-6:30pm	Swim Team Lessons	Swim Team Lessons	Swim Team Lessons	Swim Team Lessons	Swim Team		
6:45-7:45pm	Swim Team	Swim Team	Swim Team	Swim Team	Aquafit Lap Swim		

Reservations are required for all aquatic activities through westporty.motionvibe.com.

Locker rooms will be open for changing and restroom use only starting September 8. Available lockers will be marked and socially distanced.

All showers, saunas and steam rooms will remain closed. • **Schedules subject to change**

Please contact Josephine Rojas with questions: jrojas@westporty.org

10/14/2020