



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WESTPORT WESTON FAMILY YMCA

Membership Handbook





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 1: Your Family YMCA Membership

Membership at the Westport Weston Family YMCA is for everyone, and we encourage individuals and families to take advantage of all we have to offer. While our programs and facilities are always based on the unique needs and interests of the communities we serve, every YMCA has one thing in common: our people. The volunteers, staff, members and donors of the YMCA are all united by a deep commitment to strengthening our communities. Join us – experience the difference!

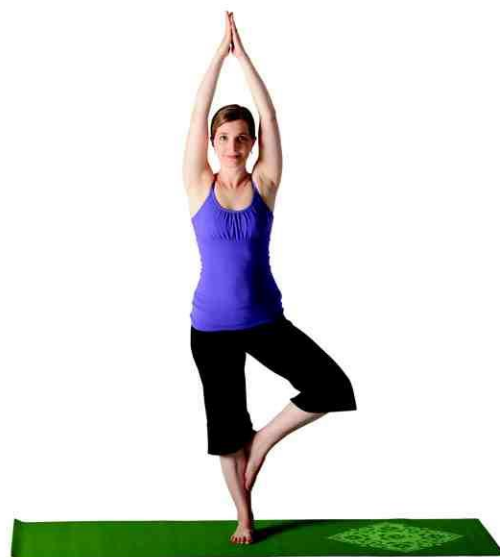
Membership Categories

The Westport Weston Family YMCA offers six levels of membership to ensure you as an individual or family find the right fit for your household. Choose from the below membership options. Contact a Membership Engagement Staff for current monthly and annual fees.

1. Youth: Individuals ages 0-13.
2. 8th Grade Membership: For 8th Grade Students in the Westport or Weston School System.
3. High School: Individuals ages 14-17 and age 18 still in high school.
4. Adult 18-22: Individuals ages 18-22
5. Adult 23-64: Individuals ages 23-64
6. Family: Includes adults and youth in the same household. May also include a live-in Caregiver. Fees based on number of Adults ages 23+
7. Senior: Individuals ages 65+.
8. Senior Couple: Two senior adult individuals, ages 65+ in the same household.

Financial Assistance

The Westport Weston Family YMCA does not turn anyone away for an inability to pay. To apply for financial assistance, please contact our Member Engagement Staff to ask for a Financial Assistance Application; you may also download it at www.westporty.org.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 2: Membership Policies & Procedures

Membership Code of Conduct & Suspension/Revocation

The Westport Weston Family YMCA is a membership organization that values caring, honesty, respect and responsibility. In joining, members subscribe to Family YMCA policies and are expected to abide by the rules as posted in the facility and in this handbook. To ensure a positive member experience, the Family YMCA may suspend or revoke membership for the following behaviors:

- ◆ Fighting or unnecessary physical roughness in sports activities
- ◆ Abusive, obscene, or offensive language
- ◆ Vandalism
- ◆ Theft
- ◆ Smoking in Family YMCA facilities and on properties
- ◆ Use of alcohol or illegal drugs on premises; or using Family YMCA facilities while intoxicated or under the influence of drugs
- ◆ Carrying or concealing weapons or any object that can be used as a weapon
- ◆ Inappropriate or sexually revealing attire as determined by Family YMCA staff
- ◆ Disrespect for Family YMCA property or the property of other members
- ◆ Conduct or actions of a sexual nature
- ◆ Derogatory comments based on an individual's sex, race, ethnicity, age, religion or disability
- ◆ Acting in an abusive, disrespectful, or intimidating manner to other members or staff, or act contrary to the Family YMCA's core values of caring, honesty, respect, and responsibility

Staff are responsible for enforcing Family YMCA guidelines and have the right to bar members from the facility/program for a violation of rules. Suspension or revocation of membership privileges will occur only after consultation with Family YMCA CEO or designee. No refunds of fees will be made for revoked or suspended memberships.

In addition the Family YMCA reserves the right to deny access or membership to any person who has been convicted of any crime involving sexual abuse, is a registered sex offender or is under the influence of drugs or alcohol. To keep members and staff safe, the Family YMCA screens all members and guests against sex offender registries upon joining and periodically throughout their membership term.

Membership Cards

Membership cards are issued to all members. Members must have their photo taken upon joining the Family YMCA and bring their membership card and scan it upon entering the facility at the Welcome Center each visit. Members may also scan in using their phones by downloading the Westport Weston Family YMCA App by adding their barcode to the app.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Locker Rooms

The Family YMCA provides the following locker rooms:

- ◆ Boys & Girls Locker Room: Ages 17 & Under. Adults may bring children of the same sex into the Youth Locker Rooms in the instance of crowding in the Family Locker Room.
- ◆ Men's + Women's Locker Room: Ages 18 & Above with no children permitted
- ◆ Family Locker Room: Adults with children or dependent adults

Members are expected to abide by the following Locker Room Policies:

- ◆ No Cell Phone usage
- ◆ The use of cameras or video recording devices are prohibited in any locker room
- ◆ The Family YMCA recommends a towel be worn at all times in locker room saunas and steam rooms

Security & Safety – Personal Belongings/Valuables

The Family YMCA is not responsible for lost or stolen valuables. Personal locks may be used in the Youth Locker Rooms while participants are in the building, but must be removed daily. Unauthorized locks left overnight will be removed at the discretion of Family YMCA staff and the contents of the locker will be removed and held for one week and then donated to charity. All adult locker room lockers come equipped with keyless security locks that are for daily use only. Kit lockers can be rented for an annual fee, based on availability.

Proper Attire

The Family YMCA requires appropriate attire at all times. YMCA staff monitor member attire and will ask members to follow the appropriate guidelines if not in compliance. Athletic shoes and shirts are required for all fitness and recreational activities, with sports bras, back and midriff being covered at all times. Members are asked not to wear athletic shoes or boots directly from the street into exercise areas. Only athletic and non-marking footwear are allowed in the gymnasium, studios or in the Wellness Center. No footwear with wheels may be used in the building, and members and participants are asked to keep their feet off the walls. Bags, coats and street clothes must be stored in the locker rooms or express "kit" lockers and are not permitted to be kept in the Gymnasium or Wellness Center. Swimsuits are required in the pools with no street clothes permitted. Children still in diapers must wear a swim diaper at all times while utilizing the pools.

Weapons

The Family YMCA does not permit weapons of any kind on the property regardless of any license to possess. Family YMCA Members are prohibited from carrying firearms, knives, Tasers, or other objects that Family YMCA staff may determine to be dangerous to the safety of our members and staff.

Lost & Found

Please note the YMCA is not responsible for any lost or stolen items. In the instance you may lose a personal item, please check one of our Lost & Found bins in any Locker Room, the Wellness Center, or for small items including electronics the Membership Service Desk. ***During COVID-19 the YMCA is not keeping Lost & Found Bins to limit the spread of germs.**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Emergency Closings

The Family YMCA makes every effort to remain open. However, in the event of inclement weather the Family YMCA may close for the safety of our members and staff. We also close on a minimum number of holidays for staff to be able to spend time with their family. For current operating hours, scheduled closures or the latest updates about Family YMCA status, please call 203-226-8981, follow us on Social Media, or check our website, www.westporty.org.

Personal Health & Contact Information

The Family YMCA recommends that all members receive approval from their personal healthcare professional prior to beginning any health and wellness program. We ask that you keep all personal membership contact information up to date as well so we always have your current address, phone number, email and emergency contact information.

YMCA Nationwide Membership Program

The Family YMCA takes part in the YMCA Nationwide Membership Program. As a member of the Family YMCA, you are permitted to visit other YMCA's throughout the United States free of charge that also participate in Nationwide Membership. Please check with the specific YMCA you wish to visit regarding any limitations on visits.

Cell Phone Usage & Surveillance

The Family YMCA permits talking on cell phones in lobby and hallway areas only. We ask that you use discretion when talking and keep your voice low as not to disrupt fellow members. The Family YMCA utilizes a video surveillance system with cameras located throughout the facility. The surveillance system is used to help management determine how to better serve members, monitor high-traffic areas, deter unauthorized access and crime, and keep a visual record of activities throughout the facility and outside locations, including parking lots.

Pets on Campus

The Family YMCA does not permit dogs or any other pets on campus unless a member or patron has certified service dogs present. We ask that members do not leave their pets in parked cars, or left anywhere else on campus while utilizing the facility. Please note the Westport Police and Animal Control will be notified if a parked car is found to have pets inside.

Hours of Operation (COVID-19 Schedule)

- Monday-Friday: 6:00am-8:00pm
- Saturday-Sunday: 8:00am-3:00pm
- Please note members have 30 minutes after closing to vacate the locker rooms





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 3: Visitors & Guests

Visitor Policies (During COVID-19 the YMCA has suspended Guest Privileges until Further Notice)

- ◆ All guests of Family YMCA members must complete a waiver prior to using the facility and must be checked in at the Welcome Center.
- ◆ All guests of Family YMCA members must be accompanied by the member and are not permitted to use the facility on their own.
- ◆ Family YMCA members are responsible for the behaviors and actions of their guest(s) and may be subject to suspension or revocation of membership.
- ◆ Guests under the age of 12 must be accompanied by a Family YMCA member and meet our Supervision requirements as outlined in Section 6 of this handbook.
- ◆ The Family YMCA offers day passes for "off the street" guests. Please check with a Membership Engagement Staff for daily guest pass rates.

Family YMCA Member Guests

The Westport Weston Family YMCA would like to encourage membership through guest privileges. Family YMCA members can bring guests 2x per calendar year per guest to enjoy the Family YMCA at no cost. After the second visit the guest must accept our invitation to join the Family YMCA or pay a daily guest fee to utilize the facility.

The Family YMCA also encourages its families to share the benefits of healthy living by using the facility while friends, family or other out-of-town guests are visiting.

Current Family YMCA members can also bring an out-of-state guest to the Family YMCA for free up to 2x per calendar year per individual guest. After two visits the guest will be invited to join or may purchase a pass for \$25, which will be valid for a 7-day period. To make future visits an easier process, all Family YMCA Member guests will have their own account created to track usage. Photo ID is required for all Family YMCA Member guests.

Schedule a Tour

Interested in joining the Westport Weston Family YMCA? Schedule a time to take a tour with a Membership Engagement Staff by e-mailing Brian Marazzi, Director of Member Engagement at bmarazzi@westporty.org or call 203-226-8981. We will be happy to show you the facility, give information on program offerings, and answer any questions you have while educating you on the best membership option for you and your family.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 4: Membership Payment Information

Membership Payment Options

Members of the Westport Weston Family YMCA can choose to pay their membership fees via monthly draft or annual payment. Monthly draft is the best way to assure your membership dues are always on time. Family YMCA members can set up their monthly draft as follows:

Credit Card

- ◆ Accepted forms of payment: MC Visa Discover AMEX
- ◆ Members are responsible for notifying the Family YMCA if their account information changes, including expiration dates.

Checking Account/Statement Savings

- ◆ Voided check must be provided
- ◆ Members are responsible to monitor their monthly bank statements for any possible discrepancies.

Annual Payment

- ◆ Members who prefer to be billed will receive an annual invoice. All annual invoices will be received at least 30 days prior to the membership expiration date, and payment is due on or before said expiration date.

Miscellaneous

- ◆ All monthly draft charges are continuous until the member notifies the Family YMCA, in writing, to cancel said charges and has returned their membership cards.
- ◆ In the instance your monthly draft is returned for non-payment you will be notified via phone call and email. The Family YMCA will temporarily suspend a membership account after 2 months of non-payment. If membership is reinstated after 30 days from the time of suspension, the initial join fee will apply.

Membership Fee Increases

In order to continue to provide a high level of programs and services, and to maintain our facility in an acceptable manner, the Westport Weston Family YMCA may implement a rate adjustment to all monthly draft and annual membership fees. The Family YMCA will mail notice to inform our members of any rate adjustment at least 30 days prior to the effective date.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 5: Changes to Membership

The Westport Weston Family YMCA makes it easy for you to make changes to your membership. All changes to your Family YMCA membership are made by completing a Change of Membership Form, which can be found at our Welcome Center.

Adding Members to a Membership Account

If you need to add someone to your membership, please complete the Change of Membership Form and indicate the upgrade. Note that with adding new members to your account it may transition you to a different membership category with an increased fee.

Removing Members from a Membership Account

Should you need to remove a member from your account, please complete the Change of Membership Form and return to the Welcome Center along with the membership card(s) of the member(s) being deactivated.

Termination of Membership

Any Family YMCA member who wishes to terminate their membership account must do so in writing. The following forms of termination request are accepted:

- ◆ Membership Termination Form: completed in person and returned to the Welcome Center.
- ◆ Email: an email requesting termination can be sent to the Director of Membership Engagement or any Membership Engagement Staff.
- ◆ Fax: 203-226-2607. Fax request for cancellation to Attention: Director of Member Engagement
- ◆ Mail: a written request of termination can be mailed to the Westport Weston Family YMCA, 14 Allen Raymond Lane, Westport, CT. 06880. Attention: Director of Membership Engagement.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Membership on Hold Program

The Westport Weston Family YMCA offers a Membership on Hold option for Family YMCA members who will be away for a period of time and want to discontinue their monthly draft. The Membership on Hold Program works as follows:

- ◆ Membership accounts placed on hold will be charged a nominal monthly fee of \$20 during the duration of the hold.
- ◆ Membership accounts may be placed on hold for up to three consecutive calendar months or three individual months per calendar year.
- ◆ A Membership on Hold Form must be completed, signed, and returned to the Welcome Center, or email sent to the Membership Director with requested hold dates.
- ◆ Family YMCA members who place their membership account on hold will not be required to repay the Join Fee once the on hold period is complete.
- ◆ Family YMCA members who place their membership on hold understand that their automatic monthly draft will restart once the on hold period is completed.
- ◆ Family YMCA members understand that while their membership is on hold their usage and membership privileges are suspended.

Relocation

Membership to the Westport Weston Family YMCA is not transferable to other YMCA's. Should you relocate and would like to maintain your membership at another YMCA, you must cancel your membership with the Family YMCA and join again in your new location. At your request the Family YMCA will be happy to provide you with a Member in Good Standing Letter indicating your cancellation date with us. Please contact the local YMCA in your new location and inquire about their policies, joining fees, and membership dues.

Rejoining the Family YMCA

Any returning member may rejoin the Westport Weston Family YMCA after cancelling their membership unless the membership account was terminated or revoked by the Family YMCA for violation of the Family YMCA's Code of Conduct and policies. If you wish to rejoin, please stop by the Welcome Center and complete a Change of Membership Form and the account will be reactivated. If you are rejoining after 30 days and did not take advantage of the Membership on Hold Program, your account will be subject to repayment of the Join Fee.

Membership Refunds

Refunds of membership will be granted in the following instances:

- ◆ You have proof of written documentation for requesting termination of your membership and the Family YMCA did not cancel the account.
- ◆ For medical reasons with written documentation from your physician.
- ◆ If you requested your membership be placed on hold and the Family YMCA did not place the account on hold and you have written documentation.
- ◆ Join fees are non-refundable and members are reminded they are responsible for monitoring personal accounts to avoid unwanted transactions.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 6: Supervision

To help the Family YMCA provide a great experience for all of our children, it is very important that parents and guardians are aware of our supervision policies as well as membership requirements and help to enforce them to ensure a secure and safe environment.

General Supervision

- ◆ **Ages 0-11:** must be accompanied by an adult at all times unless child is enrolled in an organized Family YMCA program or YMCA Staff supervised area. Children ages 0-11 must be checked in at the Membership Desk, delivered to their program, and picked up at their program by an adult.
- ◆ **Ages 12+:** may use the YMCA unsupervised in the Gymnasium during Open Gym and may check in and go to an organized YMCA program on their own.

Pool Supervision

- ◆ **Ages 0-5:** must be accompanied at all times by an adult on deck and cannot participate in Lap Swim.
- ◆ **Ages 6-8:** must be accompanied at all times by an adult on deck. May participate in Ages 6-8 Lap Swim if in Level 5 Swim Lessons or higher and can swim 25 yards without assistance.
- ◆ **Ages 9-11:** permitted to participate in Lap Swim but must have an adult present supervising from the Observation Deck.
- ◆ **Ages 12-13:** permitted to participate in Lap Swim. Adult must be present in the facility and is permitted to use Wellness Center, take Group Fit classes, etc. while child is in the pool.
- ◆ **Ages 14+:** permitted to use the pools without adult supervision.

Observation Deck Rules for Ages 9-11 Lap Swim

- ◆ Only 1 parent/guardian permitted and must sit on a **Blue X (During COVID-19)**
- ◆ Masks must be worn at all times.
- ◆ Coaching swimmer from Observation Deck not permitted.
- ◆ Hanging over glass wall prohibited.
- ◆ Upon completion of child's Lap Swim, parents/guardians must exit the Observation deck and proceed to leave the facility without congregating in the hallways or lobby. Please have your child meet you outside the building.

Wellness Center

- ◆ **Ages 0-9:** not permitted in Wellness Center unless taking part in an organized YMCA Youth Fitness program.
- ◆ **Ages 10-13:** permitted to use Wellness Center after completing the Fit Family Program (see section 7 for details). Must be accompanied by an active adult member.
- ◆ **Ages 14+:** permitted to use Wellness Center unsupervised.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Supervision Cont.

Y Kids' Club & Fort Mack (CURRENTLY UNAVAILABLE DUE TO COVID-19)

- ◆ Family YMCA members holding an active Family Membership as a benefit will have first priority in attending Kids' Club & Fort Mack.
- ◆ Children of Family YMCA Adult members may stay in our Kids' Club or Fort Mack for up to 2 hours per day with a nominal fee of \$5.00. Family YMCA Youth members may also be placed in Kids Club with a nominal fee of \$5.00 if the Youth member has a sibling Youth member taking an organized Family YMCA program.
- ◆ Parents, guardians and caregivers are the only adults with authorization to leave a child in our Kids' Club and are required to stay on Family YMCA property during the child's visit to these facilities.
- ◆ All children must be signed into the Kids' Club or Fort Mack. Only the parent, guardian or caregiver who signed the child in is permitted to sign the child out – unless arranged ahead of time.
- ◆ Kids' Club Hours" **Monday-Friday** 8:00am-1:30pm & 3:45pm-8:00pm; **Saturday** 8:00am-2:00pm; **Sunday** 8:00am-2:00pm. Hours subject to change





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 7: Health & Wellness Guidelines

The following guidelines for Health and Wellness are designed for the safety and well-being of all our members. The Westport Weston Family YMCA strongly believes in the importance of leading a healthy and active lifestyle and asks that all members abide by the health and wellness policies and guidelines.

Health & Wellness Age & Program Guidelines

- ◆ Family YMCA members ages 14 and over are permitted to use the Robin Tauck Wellness Center. All Family YMCA members are expected to help keep cleanliness a priority by cleaning off machines, mats or other exercise areas with provided “gym wipes” after use.
- ◆ All Family YMCA members ages 14 and over are strongly encouraged to take advantage of their complimentary Fitness Equipment Orientation to learn proper technique and operation of all exercise equipment. Enrollment in a Fitness Equipment Orientation can be done at the Wellness Center desk, over the phone or in person.
- ◆ Youth up to age 14, unless otherwise noted in promotional materials, may participate in Youth Group Fitness and Youth Training classes. Youth ages 15+ may participate in regular Group Fitness classes. Please note certain high-intensity classes may not be appropriate for youth and instructor discretion will dictate if the class is appropriate.
- ◆ Family YMCA members who wish to participate in a Group Fitness class should notify the class instructor prior to the class start time of any medical related issues they may have. Please make every effort to be on time for a group fitness class as classes will close participation five minutes after start time.

Fit Family Program

The Westport Weston Family YMCA encourages healthy lifestyles for all ages and the importance of our families spending quality time together exercising. For youth ages 10–13 the Family YMCA offers a Fit Family Orientation Program. Youth ages 10–11 will be instructed by a Family YMCA Wellness Coach on usage of the cardio equipment, and youth ages 12–13 will be trained on both the cardio and strength training equipment. Parents or legal guardians are also given an orientation alongside their children. Upon completion of the program, youth are permitted to use the Health and Wellness Center under direct supervision by an adult Family YMCA parent or legal guardian.

Personal Training & Coaching Guidelines

Only Westport Weston Family YMCA employed Fitness Trainers and staff are permitted to provide personal training and coaching on Family YMCA property and in programs. Personal trainers and coaches who are not employed by the Family YMCA, even if members, are prohibited from conducting training on Family YMCA property, including services provided in the Pool, Gymnasium, Wellness Center, Studios and Camp Grounds.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 8: Water Safety

At the Westport Weston Family YMCA, aquatic programming and exercise are a top priority. With two indoor pools and an outdoor pool at our Camp Mahackeno facility, as well as the Saugatuck River and Lees Pond bordering our campus, ensuring your family's safety is critical to how we operate.

Lifeguards and Safety

All Family YMCA lifeguards are certified and trained through Y-USA, American Red Cross, and local Health Department guidelines. Our lifeguards and Aquatic Management Staff are well trained to prevent and respond to any aquatic emergency, and to provide appropriate care if necessary. To ensure Aquatic Safety, all Family YMCA staff are empowered to enforce all rules and policies accordingly.

Age Requirements & Swim Testing

In order to protect and ensure the safety of all of our members, we require testing procedures for use of our pools to all swimmers ages 11 and under with our TEST, MARK, PROTECT Program. Upon completion of the swim test, each child will receive a colored band, **RED** or **GREEN** indicating swim ability, allowing lifeguards the ability to identify where children belong. Please see the following page for our TEST, MARK, PROTECT Program.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 9: Communication

The Family YMCA offers several ways members can stay connected with information on events, programs, and other daily happenings.

How to stay connected:

Our website: visit www.westporty.org for program information, schedules, event calendars, and registration

Social Media: Search “Westport Weston Family YMCA” and “Like” us on Facebook, Instagram, and Twitter

Family YMCA App: Go to the App Store on your Smart Phone to download our App. You can also use the app to check-in at the Welcome Center

In-House: Pick up program schedules, flyers, and brochures at several locations throughout the facility

Member Emails: Opt-in to receive weekly email updates about general information or choose specific program emails you’d like to receive. Follow these 5 easy steps to opt in for weekly Family YMCA emails:

1. Log onto www.westporty.org
2. Click on the Y News Tab
3. Click Y-E-newsletter sign up
4. Click Subscribe
5. Enter personal information and choose which email subjects you’d like to receive





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Inclement Weather Communication

When the weather is inclement, there are 3 ways members can stay up to date with YMCA facility and program operations. They are as follows:

1: CHECK THE RED BANNER ON OUR WEBSITE - The first and best place to look is www.westporty.org - there will be a red banner across the top of every page with the important info. If there is no red banner....there are no changes.

2: SOCIAL MEDIA UPDATES - Facebook & Instagram are the next best places to look for up-to-the-minute information. Search "Westport Weston Family YMCA" and "Like" us for easy access.

3: CALL THE YMCA AT 203-226-8981 & CHECK EMAIL - If we are open, a YMCA staff person will answer your questions. The YMCA will also send out all-member emails in the instance of any facility, program, or schedule changes.

MotionVibe Reservation Notice (During COVID-19): please note if you have made a reservation to use the pool or attend a group fitness class, please check your email for cancellation notification. For all other reservations, please refer to the above 3 methods for information on inclement weather changes to facility house and programs.

INCLEMENT WEATHER PROGRAM MAKE-UPS - We will strive to offer make-up lessons for every class that is cancelled due to inclement weather. If you have questions, please call the Family YMCA at 203-226-8981 and ask for your Program Director.

Inclement Weather Modified Schedules

Early Weekday Mornings

Group Fitness

1. All scheduled early AM classes are cancelled
2. A modified schedule that starts at either 9:30am or 10:30am will be posted online.
3. PM classes will run as scheduled unless noted

Aquafit

1. All early AM classes are cancelled
2. A modified schedule that starts at 9:45am or 11:00am for Aquafit will be posted online
3. PM classes will run as scheduled unless noted.

Afternoon, Evenings & Weekends

We will make decisions on afternoon, evening & weekend programs 1-2 hours prior to the start of the program. If your program requires registration, you will also receive an email from the Program Director.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 10: Protecting Our Children

The Westport Weston Family YMCA greatly values the safety of our children and the trust that their caregivers have in us. Our staff and volunteers work hard to create an environment where our youth members and participants can safely learn, grow and play. The prevention of child abuse is something we continuously work towards.

Below are some of the many measure we follow to create a culture of prevention:

- ◆ All staff are given background checks prior to working at the YMCA.
- ◆ We follow the rule of 3 to ensure no adult is ever alone with one child.
- ◆ Every staff member within the YMCA is trained to prevent abuse, but also to recognize, respond and report it. Every staff member in the YMCA is a mandated reporter.
- ◆ Our staff are not allowed to babysit or transport children from the YMCA outside of YMCA programs.

We want to help you ensure the safety of your child. If you would like to discuss any concerns for the safety of a child, whether in regards to the YMCA or outside of the Y, please contact:

- ◆ Jesse Kanaple: Camp & Family Services Director, X 126 jkanaple@westporty.org
- ◆ Pat Riemersma: YMCA CEO X107 priemersma@westporty.org

The Connecticut Department of Children and Family Services is another resources available to you to help with any concerns you may have for a child's safety. They can be reached by calling (800) 624-5518.

For more information about our abuse prevention measures, staffing policies, parent resources or to download an anonymous comment form, please visit <https://westporty.org/about-us/protecting-our-children/>

Babysitting Policy

We also value the role our staff get to play in the lives of your children and family and we cherish the relationships we build together. YMCA staff however are not permitted to babysit for members or participants. Please do not approach staff to babysit for your family as this will cause dismissal of employment for violation of the policy. Members and employees who have a preexisting relationship may request a waiver allowing the employee to continue babysitting.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 11: Program Feedback

We want to hear your feedback, concerns and comments about our programs. It is always best to share your thoughts with the director of a program so we can address any concerns and share any compliments. Here is a list of program areas and how to contact the appropriate director. You can reach all directors by calling (203) 226-8981 and their extension.

Staff	Position	Phone	Email
Pat Riemersma	YMCA CEO	x 107	priemersma@westporty.org
Lillian Cenatiempo	Dance Director	x 118	lcenatiempo@westporty.org
Shannon Connors	Head Teacher School Age Program	x119	sconnors@westporty.org
Pat Costanzo	Property Management Director	x 122	pcostanzo@westporty.org
Brian Ference	Head Lifeguard	x121	bference@westporty.org
Denise Hotch	Fitness Coordinator	x 111	dhotch@westporty.org
Ellen Johnston	Competitive Swimming Director	x 110	ejohnston@westporty.org
Jesse Kanaple	Camp & Family Services Director	x 126	jkanaple@westporty.org
Brian Marazzi	Member Engagement Director	x 104	bmarazzi@westporty.org
Josephine Rojas	Aquatics Coordinator	x139	jrojas@westporty.org
Sally Silverstein	Gymnastics Director	x130	ssilverstein@westporty.org
Rob Urban	Development Coach/Swim Team	x120	rurban@westporty.org
Megan Willett	Head Gymnastics Coach	x132	mwillett@westporty.org





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Section 12: Annual Campaign

Financial assistance keeps the Family YMCA available for kids and families who need us the most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Family Y's Annual Campaign, your gift will have a meaningful, enduring impact right in your own neighborhood.

SUPPORT THE Family YMCA -- STRENGTHEN YOUR COMMUNITY

Your Support Can Help a:

1. Senior with membership fees
2. Child take lifesaving swim lessons
3. Family send their child to camp
4. Family afford a membership to spend time together at the YMCA
5. And much more!

THE Y. SO MUCH MORE

GIVE TO THE ANNUAL CAMPAIGN TODAY!

