



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE – UPDATED MARCH 12, 2021 (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am-7:00am Lap Swim: 6 Lanes Masters: 4 Lanes	6:00am-7:00am Lap Swim: 5 Lanes Tri Club: 5 Lanes	6:00am-7:00am Lap Swim: 6 Lanes Masters: 4 Lanes	6:00am-7:00am Lap Swim: 5 Lanes Tri Club: 5 Lanes	6:00am-7:00am Lap Swim: 6 Lanes Masters: 4 Lanes	8:00am-12:00pm Swim Team: 10 Lanes	8:00am-9:00am Lap Swim: 4 Lanes Masters: 4 Lanes Lessons: 2 Lanes
7:10am-8:10am Lap Swim: 10 Lanes	7:10am-7:55am Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	7:10am-8:10am Lap Swim: 10 Lanes	7:10am-7:55am Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	7:10am-8:10am Lap Swim: 10 Lanes	12:10pm-12:55pm Lap Swim: 10 Lanes	9:15am-10:00am Lap Swim: 6 Lanes Lessons: 4 Lanes
8:20am-9:20am Lap Swim: 2 Lanes Swim Fit: 8 Lanes	8:05am-8:50am Lap Swim: 10 Lanes	8:20am-9:20am Lap Swim: 2 Lanes Swim Fit: 8 Lanes	8:05am-8:50am Lap Swim: 10 Lanes	8:20am-9:20am Lap Swim: 2 Lanes Swim Fit: 8 Lanes	1:05pm-1:50pm Lap Swim: 10 Lanes	10:15am-11:00am Lap Swim: 6 Lanes Lessons: 4 Lanes
9:30am-10:30am Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	9:00am-9:45am Lap Swim: 10 Lanes	9:30am-10:30am Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	9:00am-9:45am Lap Swim: 10 Lanes	9:30am-10:30am Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	2:00pm-2:45pm Lap Swim: 10 Lanes	11:10am-11:55pm Lap Swim: 10 Lanes
10:40am-11:40am Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	9:55am-10:40am Lap Swim: 10 Lanes	10:40am-11:40am Lap Swim: 10 Lanes	9:55am-10:40am Lap Swim: 10 Lanes	10:40am-11:40am Lap Swim: 10 Lanes		12:05pm-12:50pm Lap Swim: 10 Lanes
11:50am-12:50pm Lap Swim: 10 Lanes	10:50am-11:35pm Lap Swim: 10 Lanes	11:50am-12:50pm Lap Swim: 6 Lanes Aqua Fit: 4 Lanes	10:50am-11:35pm Lap Swim: 10 Lanes	11:50am-12:50pm Lap Swim: 6 Lanes Aqua Fit: 4 Lanes		1:00pm-1:45pm Lap Swim: 10 Lanes
1:00pm-2:00pm Lap Swim: 10 Lanes	11:45pm-12:30pm Lap Swim: 10 Lanes	1:00pm-2:00pm Lap Swim: 10 Lanes	11:45pm-12:30pm Lap Swim: 10 Lanes	1:00pm-2:00pm Lap Swim: 10 Lanes		1:55pm-2:40pm Lap Swim: 10 Lanes
2:10pm-3:10pm Lap Swim: 10 Lanes	12:40pm-1:25pm Lap Swim: 10 Lanes	2:10pm-3:10pm Lap Swim: 10 Lanes	12:40pm-1:25pm Lap Swim: 10 Lanes	2:10pm-3:10pm Lap Swim: 10 Lanes		
3:15pm-4:00pm Swim Team: 10 Lanes	1:35pm-2:20pm Lap Swim: 10 Lanes	3:15pm-4:00pm Swim Team: 10 Lanes	1:35pm-2:20pm Lap Swim: 10 Lanes	3:15pm-6:30pm Swim Team: 10 Lanes		
4:00pm-5:30pm Swim Team: 9 Lanes Lessons: 1 Lane	2:25pm-3:10pm Lap Swim: 5 Lanes	4:00pm-5:30pm Swim Team: 9 Lanes Lessons: 1 Lane	2:25pm-3:10pm Lap Swim: 5 Lanes	6:40pm-7:40pm Lap Swim: 4 Lanes Aqua Fit: 6 Lanes		
5:30pm-8:00pm Swim Team: 10 Lanes	3:10pm-8:00pm Swim Team: 10 Lanes	5:30pm-8:00pm Swim Team: 10 Lanes	3:10pm-8:00pm Swim Team: 10 Lanes			