



Westport Weston Family YMCA COVID-19 Policy

Revised, March 31, 2021

From the WWFY Waiver:

I certify that at the time of executing this release and indemnification, neither myself, my child(ren), if applicable, or anyone else in the household, if applicable, have (1) any symptoms of COVID-19, (2) have come in contact with any individual who tested positive for or was diagnosed with COVID-19 or is waiting for a COVID-19 test result, (3) have been diagnosed with or tested positive for COVID-19, or (4) have traveled outside the United States or to any state identified by the State of Connecticut in a travel advisory within the last 14 days. Further, I understand and agree that I will not be able to utilize the YMCA if any of these statements are no longer true and I will not visit the YMCA if any of these statements are no longer true.

Note: Connecticut currently has removed the domestic travel quarantine mandate, but recommends following CDC travel guidelines. International travelers must test negative in order to return to the U.S.

Close Contact Situations (e.g., school children):

If an individual does not have COVID symptoms BUT had close contact with a person diagnosed with COVID-19:

- **Individual tests negative:** Remain at home in self-quarantine for 10 days from the last exposure to the person diagnosed with COVID-19.
- **Individual tests positive:** Remain at home (except to get medical care). Monitor symptoms, notify the school, and assist public health department and the school in contact tracing efforts. Stay at home until 10 days have passed since the date of the positive COVID-19 test.
- **Individual is not tested:** Remain at home in self-quarantine for 14 days from the last exposure to the person diagnosed with COVID-19.

If a school building (or section thereof) closes because of a positive COVID-19 case *at that building*, we will ask the participants from that school to **not come** to the YMCA until they have been contacted by the school and told that they do not need to quarantine. If there is a closing because the town is closing all schools under general precaution, the person may come in as usual, unless told to quarantine.

If you are not sure which category you or your child fall into, please contact the YMCA program director or coaching staff for guidance.