



2020
ANNUAL REPORT

**WE'RE BETTER
TOGETHER**

WESTPORT WESTON FAMILY YMCA



WHO WE ARE



OUR MISSION

The Westport Weston Family YMCA enriches the community by developing and nurturing youth, promoting healthy living for all, and fostering social responsibility.

OUR IMPACT

We strive to be an effective resource and collaborative community partner. We are committed to building and nurturing meaningful relationships with individuals and organizations so as to promote healthy living and lifestyles for generations.

OUR GOALS

For over 98 years, we work side-by-side with our neighbors to make sure that everyone, regardless of age, background, or income, feels welcome and has the opportunity to learn, grow and thrive.

As a 501 (c) (3) non-profit organization, our YMCA serve all regardless of financial or physical ability, needs, challenges, or goals.

OUR VALUES

Our core values drive everything we do. By holding ourselves accountable to build character around our core values, we build wholeness and wellness in spirit, mind, and body for all.

CARING

We demonstrate sincere concern for others, their needs and well-being.

HONESTY

We tell the truth and demonstrate reliability and trustworthiness.

RESPECT

We treat others as we would want to be treated and value the worth of every person.

RESPONSIBILITY

We do what is right and are accountable for our choices and actions.

WESTPORT WESTON FAMILY YMCA

Bedford Family Center | 14 Allen Raymond Lane, Westport, CT 06880 | 203.226.8981 | www.westportny.org

Dear Members and Friends of the YMCA,

To say that 2020 was a tumultuous, disruptive year for our Y, community, and country would be an understatement. We started the year optimistically only to have to shutter our doors in March due to the pandemic. The unexpectedly long two month closure together with the public health and safety mandates left our YMCA and community reeling. Rather than let adversity drain our resolve to strengthen community – our Board of Directors, Trustees, and staff together with members, donors, and nonprofit partners rallied together to open our YMCA so that we could be a frontline provider of key programs that helped ensure the health and well-being of our community. A big thank you to our many members who generously donated their membership dues to the Y and to the hundreds of others who stuck with us on our journey to normalcy. Resilience, determination, a focus on safety, and a commitment to our cause is what characterized our Y's response to adversity.

The YMCA has always been more than a pool or a gym. Our focus as a nonprofit organization is to develop the potential of youth, motivate healthy living, and inspire a sense of caring and social responsibility for our neighbors regardless of their goals, challenges, or needs.

Our Y adroitly responded to safely provide child care and a virtual learning environment for school age children; a fun, connected, outdoor summer Camp Mahackeno experience for youth; an opportunity to stay active, learn skills, discipline, teamwork, and sportsmanship while practicing with the Water Rat Swim Team or while enrolled in our gymnastics program. Our YMCA offered outdoor and virtual fitness opportunities to our members, we called homebound seniors to minimize the risk of increased social isolation, and held food drives to address issues of food insecurity among the hungry in our community.

Given our Y's century-long legacy in Westport, and with new, energetic leadership we are poised to serve individuals and families in even more meaningful ways. In addition to deepening our relationship with existing members, engaging and welcoming with the many newcomers to Westport and Weston, we will develop programs and services to address and manage chronic diseases like cancer and Parkinsons, explore being a Y without walls with offsite child care and camp locations to better serve dual income and working families, partner with parents and guardians to provide relief and care for children with special needs, and offer financial assistance for membership and programs to those in need of a helping hand. In short, our Y will work to fulfill ET Bedford's founding vision for a holistic community within a community – one that cares about the well-being of all.

Thank you for your support.



Anjali McCormick
CEO



Jonathan Manela
President, Board of Directors

OUR IMPACT IN 2020

A MOVEMENT MOBILIZED

In 2020, our Y adeptly met the uncertainty and unprecedented challenges that the pandemic brought. Though our facilities were closed for over two months, we rallied our staff to provide support and care to members and our community.



ENGAGING YOUTH LEARNING

948 children participated in virtual classes.



FINANCIAL ASSISTANCE

149 individuals awarded \$81,360 for youth development programs including camp, swim team, school age child care, swim lessons, sports and more.



ENSURING CONNECTEDNESS

1,000 phone calls made to senior members during YMCA closure.



TAKING CARE OF OUR Y STAFF FAMILY

192 full-time and part-time employees were paid for 12 weeks during the YMCA shutdown.



PROVIDING FOOD FOR THE HUNGRY

2,000+ pounds of food collected for the Person to Person pantry and Bridgeport Rescue Mission.



GIVING KIDS GREAT SUMMER MEMORIES

728 campers enjoyed newly renovated YMCA Camp Mahackeno where we nurtured their mental, social, emotional and physical health.



WELCOME FOR ALL

\$239,648 awarded in financial assistance to 989 individuals (including 57% from Human Services) for membership so we can fulfill our promise to make the Y accessible to all.

HERE FOR OUR COMMUNITY



Dear YMCA,

I love and miss all of your smiles and how kind you guys are. Thank you for keeping us safe. I hope all of you are safe too. I wish I could go back to the Y and see all of you again and have lots of fun with you. I miss the Kids' Club and the swimming pool very much. I'm telling you all that I will never forget any of you. And all that matters is that we are all safe. I love you and and eat healthy foods to stay strong and healthy and be kind every day. Stay kind so people will like you. I'm missing you so much that I want to cry.

-Alissa B., first grader

"We graduated college at the peak of the pandemic. With everything going on in the world we found ourselves feeling lost and unmotivated. When the Y reopened in the summer we were happy with all the COVID safety precautions, as well as the welcoming Y staff. The Y has helped us learn the importance of exercise for our mental and physical wellbeing. And, we love the sense of belonging, having a routine, becoming more fit, and the smiles (even under masks)!"

- Ella and Ava, WWFY Members



Our Water Rat Swim Team (WRAT) addressed food insecurity and helped neighbors in need with a food drive.

FOR YOUTH DEVELOPMENT

At the Y, we give young people a safe place to belong, to build confidence and to learn positive behaviors from strong role models who exemplify the core values of caring, honesty, respect and responsibility. 2020 was a year of unique challenges for the youth in our community. Whether it be virtual learning support and after school programs, youth swim lessons, or summer camp, or building future leaders through Holly Pond school, our programs and staff provided the support and opportunities needed to help our youth learn, grow and thrive.



83

youth participated in the new virtual educational support program, the Hybrid Learning Lab.



219

swimmers who were active participants on our competitive swim team learned skills, developed discipline, teamwork and sportsmanship.



1,011

boys and girls developed strength, determination, and coordination, as well as self-esteem and confidence in our gymnastics programs.



720

enjoyed the outdoors, made friends, had fun and were safe at summer camp.



604

kids learned to swim and be more safe around water while using updated safety modification in our pools.

FOR HEALTHY LIVING



Our mission is centered around the balance of spirit, mind, and body. We strive to make it convenient for you to exercise by having knowledgeable staff who care, resources and equipment that motivates healthy living, and a welcoming, supportive community who encourage your well-being.

Our commitment to providing virtual wellness opportunities and carefully deliberated reopening protocols to ensure the safe return of members and staff enabled us to serve the community through the shutdown and beyond.

STARTING STRONG IN 2020

2,437

people joined the Y

110,173

member facility visits

1,062

personal training sessions

VIRTUAL YMCA

8,060

virtual YMCA class visits

OUTDOOR FITNESS

186

outdoor fitness classes offered

When the CDC and state guidelines declared it was safe to resume outdoor fitness offerings, we moved as many of our fitness classes outdoors, when possible. This outdoor option provided a much needed mental and physical outlet for members to safely engage in healthy activity.

FOR SOCIAL RESPONSIBILITY

The Bedford Family Social Responsibility Fund strengthens community by carrying forward the legacy of Ruth T. Bedford. The Fund provides one-year grants to local programs. In 2020, we awarded 25 grants to organizations whose programs focused on supporting equitable educational programs for students in our community.

GRANTS AWARDED TO

Achievement First Bridgeport Academy Inc
Adam J. Lewis Academy
Carver Foundation of Norwalk
Central Connecticut Coast YMCA (Bridgeport YMCA)
Cardinal Shehan Center
Family & Children's Agency
Future Frogmen, Inc.
Kids Empowered by Your Support - KEYS
Sacred Heart University
Klein Memorial
LifeBridge Community Services
McGivney Community Center

Mercy Learning Center of Bridgeport, Inc.
Neighborhood Studios of Fairfield County
New Beginnings Family Academy Inc
Norwalk Community College Foundation
Pequot Library Association
Morry's Camp, Inc.
Smart Kids with Learning Disabilities, Inc.
Shepherds, Inc.
Silvermine Guild of Artists, Inc.
Staples Tuition Grants Committee, Inc.
Stepping Stones Museum for Children
Urban Impact of Black Rock, Inc.
Wakeman Memorial Association



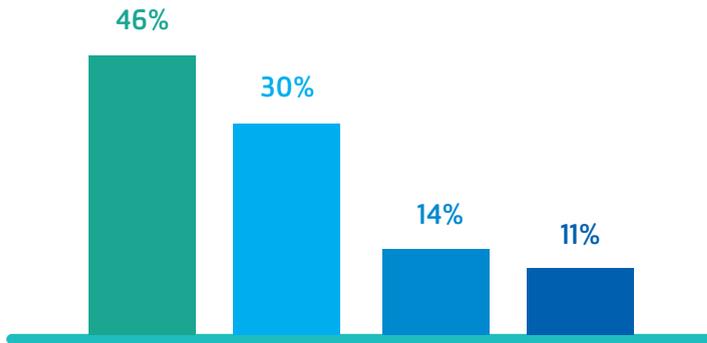
\$274,000

in grants awarded by the Bedford
Social Responsibility Fund

YMCA FINANCIALS

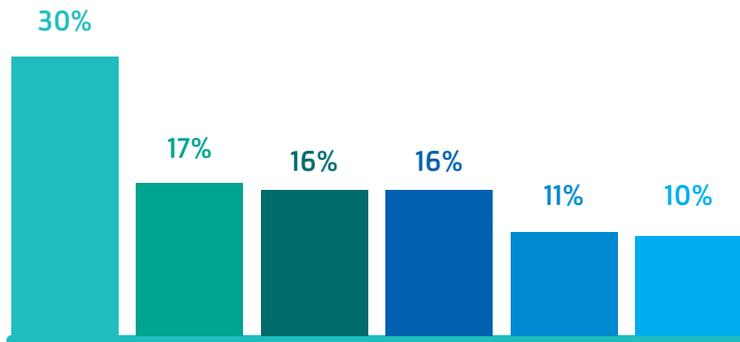
Total assets	\$47,654,948
Total liabilities	\$930,539
Total net assets	\$46,724,409

Operating revenue	\$6,675,847
Operating expenses	\$7,728,491
Surplus/(Deficit)	(1,052,644)



INCOME

- Membership
- Program Service Fees
- Contributions and Grants
- Investment Return



PROGRAM EXPENDITURES

- Aquatics
- Fitness
- Sports & Recreation
- Summer Camp
- Membership
- After School Programs

This summarized financial information is extracted from the Association's audited annual financial statements. The financial information relates to operations only and does not include revenues and expenses related to the capital building project. A copy of the complete financial statement is available by writing to Chief Financial Officer, Westport Weston Family YMCA, 14 Allen Raymond Lane, Westport, CT 06880