



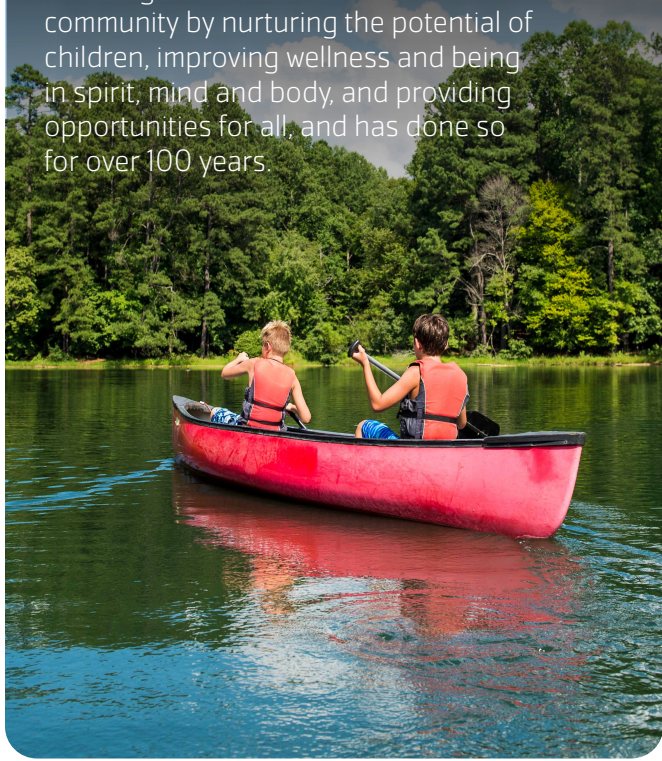
GROWTH & STABILITY

WESTPORT WESTON FAMILY YMCA

2023
IMPACT REPORT

OUR MISSION

The Westport Weston Family YMCA works to strengthen the foundations of our community by nurturing the potential of children, improving wellness and being in spirit, mind and body, and providing opportunities for all, and has done so for over 100 years.



OUR IMPACT

At the YMCA, we measure the success of our mission by how well we transform lives through our actions and programs in three areas of focus: Youth Development, Healthy Living and Social Responsibility.

OUR PURPOSE

As a cause driven, mission-based, non-profit organization made up of over 12,000 members, donors, staff and volunteers, our efforts ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race or sexual orientation have the opportunities and resources needed to reach their full potential.



OUR VALUES

- **CARING:** We demonstrate sincere concern for others, their needs and well-being.
- **HONESTY:** We tell the truth and demonstrate reliability and trustworthiness.
- **RESPECT:** We treat others as we would want to be treated and value the worth of every person.
- **RESPONSIBILITY:** We do what is right and are accountable for our choices and actions.

Dear Friends of the Y,

What a milestone the year 2023 was! It is because of the generosity and loyalty of our members, donors, board, and staff over the decades that we joyfully celebrated the Y's 100th birthday last fall and secured the Y's place as one of the prized gems of Westport. While the special Mother's Day outdoor 100-For-100 Yoga at Mahackeno, the Aquafitter 100 class event, Robin Tauck's 100K Giving Challenge, and the starlit Sneaker Ball are what some will remember, it is the Y's promise to welcome all regardless of their needs, challenges, or goals and commitment to helping individuals grow in spirit, mind, and body that is felt and cherished by all.

The Board's vision and commitment to making significant investments in people, technology, and the facility yielded positive results. The Y continued to grow and thrive as an inclusive, intergenerational community hub serving 11,851 members. Our members had fun and felt a sense of belonging in swim lessons and adventure gym, while being active and making friends in Camp Mahackeno and Hafaday, developing life skills such as perseverance, teamwork, and resilience as part of the competitive swim or gymnastics team, becoming stronger and more agile in group exercise and dance classes, and developing healthy living habits in Senior Strong and youth strength training.

There is a Buddhist metaphor which says, in life we suffer the wounds of two arrows. The first arrow is what life throws at us. That arrow might include a global pandemic, a Cancer or Parkinson's diagnosis, depression due to the loss of a loved one, or financial struggles as a result of the loss of a job.

The second arrow is one we grab from our own quiver and use to pierce ourselves. This arrow speaks to how we handle what life throws at us: when we become anxious, hopeless, or isolated in the face of life's challenges, when we stop moving our bodies when we know it is the sane thing to do, when we choose work over those we love, when we plug in to electronics rather than into human warmth and understanding.

Our Y is the modern antidote for both arrows. Our Y is a place of optimism, friendship, caring and vibrant life! So come, belong, grow stronger with us, connect with the abundance that our community offers. Our doors are open for you!

It is an honor to lead this organization. Thank you to the brilliant staff who show up every day of the week to implement first class programming and provide an environment that creates memories that last a lifetime. It is because of this team that our Y is even more relevant and essential to our community than ever before. And to our members, Board, Trustees, and supporters – thank you for choosing the Y as the place to spend your time. Your dedication serves as a powerful reminder that the Westport Weston Family YMCA is a community united by a shared spirit of compassion, generosity, and optimism and for that we are deeply grateful.



Juliane Sunderland
WWFY Board President



Anjali McCormick
WWFY CEO

100 YEARS OF MAKING AN IMPACT

Founded in 1923 by Edward T. Bedford, the Westport Weston Family YMCA has been an enduring presence in Westport and gave men a space to gather.

Since then, the Y has evolved and grown to support the everchanging needs of our community, nurturing potential, promoting healthy living, and fostering a sense of social responsibility in all.



Today the WWFY is a vibrant, inclusive, intergenerational organization who honors the past and celebrates the future in our world-class-32-acre campus and the Bedford Family Center at 14 Allen Raymond Lane, along the Saugatuck River. We are proud to have been part of the Westport & Weston communities for the last century and we look forward to the next 100 years of evolution to serve the future needs of our people and our communities by connecting them with their potential, purpose and each other.



600 1923 Members **12,000+** 2023 Members

The WWFY has been shaping members' lives and experiences since 1923



SNEAKER BALL

The Sneaker Ball was the pinnacle event of the WWFY's year-long centennial observances and largest fundraiser of the year, helping fulfill the Y's mission of transforming lives and strengthening our community with beneficial programming that is accessible to all.



CENTENNIAL GALA
 300 Attendees
 RAISED **\$75,269**



The proceeds from the Gala helped support our Annual Fund, which provides financial assistance and scholarships to those who need a helping hand for membership and programs like safe and dependable childcare, an unforgettable summer at camp and life-saving swim lessons.

Thank you for making a difference where it matters most.



Our Y Has Always Been At The Heart Of Community Life

For nearly a century, we have proved a vital support system in the community, for children, families and adults of all ages. Today, we continue to empower people to be healthier in spirit, mind and body.



GOLF EVENT & AUCTION
 88 Golfers
 RAISED **\$63,750**



POINT-TO-POINT SWIM
 106 Swimmers
 44TH ANNUAL SWIM RACE



We aim to nurture the potential of every child and teen.

It's here where they'll build character and develop perseverance – whether learning to swim, competing on the gymnastics team, working as a camp counselor, or training to be a lifeguard.



1,391

Youths tried new activities, made lasting friendships and gained independence at camp.



135

Students became more active, healthy, and engaged in the 7th Grade Initiative Program.



“With all of the different activities that are offered and all the programming that the afterschool program puts together. I was so impressed; I couldn't have asked for anything more.”



213

Swimmers learned perseverance, teamwork and commitment as members of the Water Rats Swim Team.



919

Children enrolled in Gymnastics classes where they developed strength, determination and coordination, as well as self-esteem and confidence.



“Our son has grown as a player, and as a person, thanks to his incredible coaches and this team. We are incredibly happy and proud to be part of WWFY Travel Basketball.”



217

Kids were inspired to learn, play and grow in our afterschool enrichment program that provides worry-free childcare for working parents.



2,180

Young athletes developed confidence, skills and sportsmanship through our youth sports programming.



1,544

Teens learned healthy habits and found a sense of belonging through recreational programs and membership.



Supporting Healthy Lifestyles & Well-Being

By offering a wide array of programs and classes, we're committed to helping improve the health & well-being of all who live and work in our community.



16

Weekly warriors found camaraderie and grew stronger in spirit, mind and body in our Parkinson's exercise classes.



"What an awesome way to start each week. Thank you for re-igniting my passion for running and within a group. Thank you for creating this awesome, more importantly supportive group of runners. You guys ROCK! In peace, health, and lots more miles."

"Livestrong has helped me introduce exercise and having a more active life back into my daily activities. Having staff who understand the difficulties many of us face (balance, fatigue, shortness of breath, etc.) was essential."



170

Adults each month improved agility, endurance, speed, friendships and their love for the water in our AquaFit classes.



111

Lifeguards received training to learn essential life-saving skills and expand employment opportunities.



66,600

Total visits to the Wellness Center



37,992

Participant attendance in group fitness classes, providing opportunities for people of all skills levels to become active and healthy.



14,993

Total check-ins at the Nussbaum Kids Club so little ones can develop social skills under safe supervised care while parents participate in activities at the Y.



2,122

Children and adults learned invaluable water safety and foundational swimming skills through lessons.



68

Swimmers represented the WWFY in the YMCA Masters National Swimming Championships, ranging from ages 22 to 93, a combined total of 120 individual 1st place finishes.



Transforming Communities and Connection

As an organization dedicated to serving and strengthening our community, we work to provide kids, families and communities with the resources and opportunities they need to learn, grow and thrive.



"As a single mom with no family around, the YMCA is my second family. The financial assistance program is so important for me because without it there is no way I would be able to work."



\$315K + \$485K = \$800K

Grants Awarded to 31 Local Organizations Awarded to 600+ Families Total Distributed Financial Assistance



1,100+

Hours served to give back and support our community through volunteering



201

Youth with special needs finding joy, opportunity and empowerment through adaptive programming



145

Free and discounted memberships provided to active Military, Veterans and their families



566

Staff dedicated to furthering the Y's mission



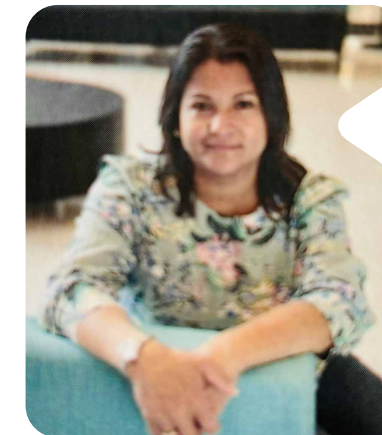
30,000+

Visitors engaging in wellness, enrichment and social programs at the WWFY per month

BEDFORD FAMILY SOCIAL RESPONSIBILITY FUND

Ruth Bedford's 2014 bequest to the WWFY was transformational. The granddaughter of our founder, ET Bedford, Ruth was a lifelong YMCA supporter and made large capital contributions during her life to the downtown Y and Camp Mahackeno – she believed in the Y being a vital hub of the community. She shunned attention for her philanthropic contributions. She stood firmly by the idea that you don't need more money than you need to live on, and that you have a responsibility to give back. She is an embodiment of the Y's social responsibility pillar.

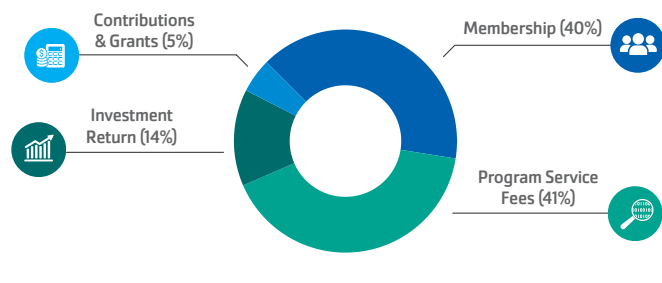
Ruth's legacy is enduring – though she had no children -- she continues to touch the lives of hundreds of youth each year through the establishment of the Bedford Family Social Responsibility Fund (BFSRF). The Fund supports one-year grants to local organizations that provide direct or supplemental educational opportunities to youth and adolescents in the greater Fairfield County area through an annual selection process. In total, over \$315,000 was awarded to 31 organizations in 2023.



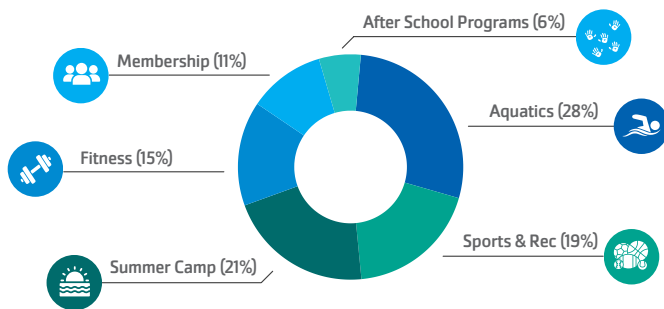
"Since I began studying at Housatonic Community College, I feel more confident about achieving my goals to complete my education. We are a low-income family; my husband works in a factory and I work part-time as a cleaner. Without this support, I would not be able to complete my education. Thank you for opening the door to a better life and investing in me."
Victoria

Total Assets:	\$69,688,935	Operating Revenue:	\$14,084,835
Total Liabilities:	\$16,552,516	Operating Expenses:	\$13,105,732
Total Net Assets:	\$53,136,419	Surplus/(Deficit):	\$979,103

REVENUE



EXPENSES



*Unaudited Financial Statements

2023 BOARD OF DIRECTORS

A charitable non-profit organization, our YMCA is governed by board of volunteer leaders. The Board of Directors provides oversight of our programs and operations. Comprising respected civic leaders, business owners and industry executives, clergy and philanthropists, our board members dedicate many hours of service each year to our Y to the betterment of our community. Terms of service vary, but many of our Board Members serve our Y for decades, in a variety of capacities.

- Juliane Sunderland, President**
- Peter Masanotti, 1st Vice President**
- Jennifer Bagnato, 2nd Vice President**
- Kristin McKinney, Secretary**
- Brian Carey, Treasurer**
- Libby McKinney Tritschler, Member at Large**
- John McKinney, Chairman of the Board of Trustees**
- Anjali McCormick, CEO**
- Alec Foege**
- Barbara Wiederecht**
- Cathy Walker**
- Diane Benke**

- Henry Grossberg**
- James Adams**
- Jay Norris**
- John Greenspan**
- Jonathan Manela**
- Julie Tuttle**
- Lauren Karpf**
- Melanie Oberman**
- Michael Fitzmaurice**
- Pam Schwartz**
- Renee Van Heerden**
- Tobias Reiss-Schmidt**

2023 RECOGNITION AWARDS

LEGACY & IMPACT AWARD

Lee Edelstein served able as a member of the Family Y Board of Directors from 1995-1998. An embodiment of the YMCA character principles - caring, respect, responsibility and honesty - Lee shared his warmth and caring in service with the WWFY in a host of meaningful ways.



Arnold "Pete" Wolgast

LEE J. EDELSTEIN VOLUNTEER OF THE YEAR

Lee Edelstein served able as a member of the Family Y Board of Directors from 1995-1998. An embodiment of the YMCA character principles - caring, respect, responsibility and honesty - Lee shared his warmth and caring in service with the WWFY in a host of meaningful ways.



Andy McNab

ABOVE & BEYOND

For an employee who does exceptional work and consistently goes above and beyond - in quality and quantity of their work - to elevate our members' experience and to generate good will for the Y.



Lily Bloomingdale, Camp Mahackeno Office Manager

RELATIONSHIP CHAMPION

This employee has developed outstanding member, volunteer and staff relationships at the Y. They have also gone the extra mile to advance these relationships...retaining members, developing children, supporting peers and consistently advancing inclusivity.



Vera Shanov, Membership

COMMITMENT TO MISSION

This employee makes every effort to include individuals of different backgrounds, abilities and opinions. They work cooperatively with others, promote healthy living and well-being for all our members... and strongly support and empower children and teens through positive behavior and responsible choices.



Cindy Delaney, Digital & Creative Services Manager

YOUTH OF THE YEAR

The story is told that Westport businessman and philanthropist Edward T. Bedford would pass by the wood-frame Westport Hotel on the corner of Main Street and the Post Road in the early 1920s and observe young men playing billiards in the hotel game room Bedford lamented that Westport children did not have adequate recreational opportunities and vowed to establish a YMCA for the advancement of youth and betterment of the community.



Riley Twiss



Kathleen Giglio, Childcare & Youth Services Director



Victoria Zhou

ROOKIE OF THE YEAR

For an employee with outstanding performance who, while understanding and working to achieve our mission, actively embraces new ideas and challenges, and develops strong positive relationships with staff, members and parents.



Patrick Juliani, Lead Teacher

THANK YOU TO OUR 2023 DONORS

We believe we're all better off when we're part of an "us" and the Y is grateful to the many local organizations that invest in our community through their philanthropic support. Because of the generous support of our loyal donors and partners like you, we are able to fulfill our mission each year to create lasting, meaningful change through free programming and scholarships for childcare, memberships and more.

\$100,000+

Lester R. Giegerich Robin Tauck

\$50,000+

Jes & Brett Parker Anonymous

\$20,000-\$49,999

Anonymous The Estate of Thomas Hindle JS Howe Family Foundation Kristin & John McKinney, Libby McKinney Tritschler Bonnie & William Strittmatter

\$10,000-\$19,999

**Jennifer & Robert Bowman SG Schimenti Foundation
Katie & Michael Fitzmaurice Anonymous
Edward J. Capasse, Esq. Turner Construction
The Maloney Family Cathy & Colin Walker
Moffly Media Water Rat Parent Club**

\$5,000-\$9,999

**Brittain & Steve Ezzes Irene & William McCutchen
Fairfield County Bank Morgan Stanley
Rosemary & Steve Halstead The O'Dell Group
Tracy & Paul Keblish OrthoConnecticut
LandTech Coastal Orthopedics
Leslie Clarke Team Mary Lake Polan & Frank Bennack
Jessica & Jonathan Manela Sara & Tobias Reiss-Schmidt**

\$2,000-\$4,999

**Cori & James Adams Gault Family Companies James A. Randel, Esq.
Bagnato Herszkowitz Family The Gillman Family Andrew Runk
Alessia Bell Grace Jones S/L/A/M Collaborative
The Benke Family Richardson Trust Gibby Holleran
Totney & Rick Benson Anne & Seth Healy & Phillip Schemel
Bradford Julia Blandori Catering The Sunderland Family
Renaissance Portraits Karpow Family Fund Laura & Michael Taets
Abigail & Brian Carey Doree & Robert Ley Jennifer & Mo Tooker
Connecticut Childrens Valentina & Todd Lopez Julie Tuttle
Colleen Crawford Mary Ellen & Jim Marpe The Welker Family
Daigle & Travers Peter Masanott The Wiederecht Family
Insurance & Susan Viclers Janet & Pete Wolgast
Fernanda & Burke Davis Anjali McCormick Zubatkin Owner
Judith Bookbinder Melanie Oberman Representation, LC
& Ben Winston**

\$1,000-\$1,999

**Elizabeth & Tony Aitoro Alec Foege MD Solar Sciences
A.J. Penna Son Fonteyne Family William E. Mitchell
Construction, Inc. Charitable Giving Fund Modern Dermatology
Anonymous Willis Gay Elizabeth Munro
Augmented Construction Leora Goren John Murray
John Beckwith Jenifer Gorin Fredric Nadel
Linda & Iain Brue Jennifer Gruen Anthony Palmer
The Barbara S. Cardozo Hat City Paper Supply Co. Jenny Reilly
& Benjamin M. Cardozo Ice Air Anne Rutherford
Foundation The Kim Family Heidi Salzman
Broder, Orland, Richard Kreger Shauna Sarno
Murray, Demattie LL Roger J. Leifer, Esq. Saugatuck Financial
Janice & Peter Chingos Thomas Lowrie Christina Scherwin
Custom CT Aquatics Gregory Macmillen Alan Scherzler
John F. Fallon, Esq. Marcia Selden Catering Tom Stanford
Tracy & Doug Fincher Marie & Dan McHugh Anonymous
Dr. Mark Fletcher Becket & Andrew McNab Village Pediatrics**

\$500-\$999

**Theresa Anovick Pat & Thomas Carey Amy & Mike Greenberg Lynn D. Kramer Andrea & David Moore Nancy Thiel
Suzanne & Ryan Bell Christy & Justin Charise Amie & John Greenspan Bob Knoebel Pam Einarsen T. George Vatis
Huong & John Belpedio Don Memo Roberta & Eric Grossberg Krenzer Family Photography Patricia & Jeff Wieser
Birchwood Country Club Jim & Ginger Donaher John Gustafson Janie Levey Brittany Pulito Susan & James Westphal
Vani & Seth Birnbaum Dream Spa Joe Heyer Rhona Lieberman Judy & Steve Samuels Westport Downtown
Blossom & Stem Floral Design The Ferson Family Howard & Katherine Lush Cosmetics Cindy Scope Association
Gerald Brant Eileen Fankel Brian Marazzi Brian Marazzi Alex Sherman Westport Farmers
Sarah & John Caputo Samuel M. Gault Samantha Kelley Diana Mashia Russell Sherman Market
Patty Kondub Dana & Michael McCreesh SRC Admissions Westport Police**

To learn about more ways you can get involved, please contact:

Kate Guthrie, Director of Development • kguthrie@westportny.org • 203-571-6043