



**WESTPORT WESTON  
FAMILY YMCA  
KIDS CLUB FAMILY  
HANDBOOK**

Effective June 1, 2024

# SECTION 1 | YOUR NUSSBAUM KIDS CLUB

Our Nussbaum Kids Club is a **FREE** drop off child care program for members with WWFY Family Memberships. Children have the opportunity to socialize and have fun in a safe environment supervised by WWFY Child Care Staff.

## HOURS OF OPERATION

MON-FRI: 8:00am-12:00pm and 4:00pm-7:00pm  
SAT-SUN: 8:00am-12:00pm

## VISIT TIME

We provide up to 75 minutes per day of supervised care.

## FEES

**Free for Family Memberships with a current Westport Weston Family YMCA Membership.**

Youth Memberships and Community Members: \$10 fee/per child, per visit. You can pay at the Front Desk.

## SIGNING YOUR CHILD IN/OUT

For the safety of your children and all Kids Club participants, please make sure you sign in and out with the staff upon arrival and departure from Kids Club. If someone other than the person who dropped the child off will be picking up, please notify the staff at drop-off.

Participants with a Youth Membership or Community Member must present a purchase receipt.

# SECTION 2 | GENERAL POLICIES & PROCEDURES

- Children may be in the Kids Club for up to 75 minutes per day. Parents and guardians must be using part of the YMCA facility while the child is in the Kids Club. Parents/guardians/caregivers are not allowed to sit in the lobby and or the café while the child/ren are in Kids Club, they must be using the facility. Parents/guardians/caregivers are required to remain within the YMCA facility while their children are in Kids Club.
- Time limit of 75 minutes per day.
- Kids Club welcomes children ages 6 months (who are able to sit independently) to 10 years old.
- Parents/guardians/caregivers will be called for any toileting needs.
- Drinks only allowed. All water bottles must be labeled with the child's name.
- Children that are teething must bring their own toy as we will not allow children to put equipment in their mouths.
- Staff may not sign children in for the parent/guardian/caregiver.
- Our staff will do their best to make sure the child is happy and comfortable during their stay. If a child is upset or crying and our staff is unable to calm them within 15 minutes, staff will call and/or come find you in the facility.
- For the safety of all, Kids Club staff may need to limit the number of participants in the program at any given time.

## KIDS CLUB

**Ages  
6 mnths. – 10 yrs.**

**Parents, guardians, and caregivers are the only adults with authorization to leave a child in our Kids Club and are required to stay on WWFY property during the child's visit to these facilities.**

**All children must be signed into the Kids Club or Fort Mack. Only the parent, guardian or caregiver who signed the child in is permitted to sign the child out – unless arranged ahead of time.**

To help the WWFY provide a great experience for all our children, it is important that parents and guardians are aware of, and help to enforce, our supervision policies as well as membership requirements to ensure a secure and safe environment.

## CONTACT

If you have any comments, questions or suggestions please feel free to ask the staff or contact:  
Melissa Cowperthwait, Member Relations Coordinator at 203-226-8981, [mcowperthwait@westport.org](mailto:mcowperthwait@westport.org).

# SECTION 3 | PROTECTING OUR CHILDREN

Westport Weston Family YMCA staff strives to maintain a healthy environment for your child. The following policy was put into place to make sure all participants and staff stay healthy.

## ILLNESS POLICY

To ensure the health of Kids Club participants and staff, parents/guardians/caregivers are asked not to bring their children to Kids Club if they are exhibiting signs or symptoms of illness. Our staff will use their judgement to keep everyone healthy.

### THE CHILD WILL NOT BE ALLOWED INTO KIDS CLUB IF THE CHILD SHOWS EVIDENCE OF ANY OF THE FOLLOWING

- Unable to participate in usual daily activities
- Excessive crankiness or irritability
- Temperature of 100 degrees or more
- Vomiting
- Diarrhea
- Persistent cough
- Head lice

**If a child is not attending school due to illness, they cannot be signed into Kids Club.**

### THE CHILD MAY RETURN TO KIDS CLUB

- Temperature has been normal for 24 hours\*
- Diarrhea has stopped for 24 hours\*
- Vomiting has stopped for 24 hours\*
- A pediatrician has checked persistent cough
- After treatment with head lice medication and staff has determined that the child is lice free

**\*If a child leaves Kids Club due to illness, they must be out for one full day. For example, if a child leaves on Tuesday, the child will be able to return on Thursday and only if they have been symptom free for 24 hours.**

The Kids Club staff have the right not to accept a child who appears ill.

If a child becomes ill while in Kids Club, staff will notify the parents and the child must leave.

# SECTION 4 | HELPFUL HINTS

## HELPFUL HINTS FOR A SUCCESSFUL VISIT TO KIDS CLUB

- You are welcome to visit Kids Club with your child before dropping them off for their first time so they can familiarize themselves with the room and the staff.
- You are encouraged to bring a personal item from home to help your child feel more comfortable. (No toys please)
- Our Kids Club staff is happy to assist you with any questions.

If you would like to discuss any concerns about the safety of a child, whether in regard to the WWFY or outside of the Y, please contact: Christina Scherwin: WWFY COO at 203-226-8981 x125 [cscherwin@westportymca.org](mailto:cscherwin@westportymca.org)

The Connecticut Department of Children and Families is another resource available to you, if you have any concerns for a child's safety or to report abuse or neglect. They can be reached at: 800-842-2288.